



# Personal Health Budget Pilot for Mental Health

## Our journey so far...

February 2024  
to January  
2025

316

Applications  
supported

654

Personal health  
budget has  
contributed to  
reduction in bed  
days

1.05%

28-day readmission  
rate compared to  
12.7% for those  
without a personal  
health budget

65400

Reduction in carbon  
emissions (kg)

2059

Community  
system  
support/  
signposting

One in four

Personal health budgets have  
supported one in four people  
return to their community from  
hospital

507,816

Financial saving from  
reduction in bed days (£)

