




Factoid: Young people with learning disabilities don't access annual health checks as often as adults. We want to ensure that everyone with a learning disability is on their GP's all age learning disabilities register and then young people from the age of 14 should be offered an annual health check automatically.

Top Tips for Clinicians

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Subject	<p>Prompt sheet for professionals working with young people with learning disabilities to support access to learning disabilities registers and annual health checks</p>
Date / Review	<p>November 2022</p>
Disclaimer	<p>The top tips are intended to be used as good practice prompts, please use your own clinical judgement.</p>
Top Tip 1	<p>GP surgeries hold an all-age learning disabilities QOF register – this identifies people who have a learning disability and who are likely to need reasonable adjustments. It also ensures they are invited for an annual health check once they are aged 14.</p> <p>To identify if young people you are working with are on the QOF register please check if the icon shown below appears in the top right-hand corner of the patient record on SystmOne.</p>  <p>If you don't have access to SystmOne you can ring their GP surgery to ask someone to check. If you feel someone should be on the register and they aren't, please discuss this with them and their family. The GP practice need to "code" the person correctly, so they go on the register. If you think they have missed someone please talk to them.</p> <p>The document that Primary care use to "code" people to put them on the register is attached below. You can also find the 'Improving identification of people with a learning disability: guidance for general practice' by visiting the NHS England website.</p> <p>Please clearly identify in any correspondence with the practice if the young person has a learning disability as this will also help the practice identify all relevant young people.</p>  <small>improving-identification-of-people-with</small>
Top Tip 2	<p>If the person is on the GP learning disabilities register when they reach the age of 14, they should be offered an annual health check. You can encourage anyone you are working with and their family or carer to have an annual health check. The health check reviews baseline health information and common causes of ill health for people with learning disabilities. An easy read annual health check leaflet can be found online on the Bradford Talking Media (BTM) website which you can share with people.</p>
Top Tip 3	<p>At the end of the annual health check, the person should be given a Health Action Plan which identifies any next steps to manage their health. Click on the attachment below for an example.</p>



Annual Health
Check - Health actio

Top Tip 4

Having an annual health check also helps the young person build relationships with staff at the GP practice and ensures they start to know them and the environment. This helps to make it less traumatic for them if they become unwell and need to visit the practice in the future and when they need their medication reviewing. Finally, it also helps the surgery identify their family or carers to ensure they are offered free health checks and the flu vaccination as they will also be flagged on the system.