

Our Green Plan: Greener Together

BDCFT 2021-24 Green Plan to improve our environment provide sustainable healthcare: Updated March 2023



This document has been approved and ratified. Circumstances may arise where staff may become aware that changes in national policy or statutory or other guidance may affect the contents of this document. It is the duty of the staff member concerned to ensure that the document author is made aware of such changes so that the matter can be dealt with through the document review process.

NOTE: All approved and ratified documents remain extant until notification of an amended policy or procedure via Trust-wide notification, e.g. through the weekly e-Update publication or global e-mail and posting on the Intranet (Connect).

Procedural Document Title:	Our Green Plan: Greener Together (Previously titled the Environmental Performance Improvement & Team Involvement Strategy) February 2023 update
Version:	Final
Name and Title of Responsible Director/Senior Manager:	Deputy Director of Estates and Facilities
Name and Title of Author	Energy, Waste and Sustainability Manager
Title of Responsible Committee / Group (or Trust Board):	Finance, Business and Investment Committee
Persons/Groups/Committees Consulted:	Energy, Waste and Sustainability Team, Deputy Director of Estates & Facilities; Facilities Management Team; Finance, Business & Investment Committee; BDCFT Board.
Procedural Document Compliance Checklist adhered to:	Yes
Target Audience:	All BDCFT staff, patients and visitors
Approved by:	BDCFT Board
Date Approved:	
Ratified by:	Finance, Business and Investment Committee
Date Ratified:	
Date Issued:	
Review Date:	1 April 2024
Frequency of Review:	Annual Review of performance and 3 yearly Review of Green Plan (from original publication (March 2021) Review date reduced in line with NHSE&I Guidance
Responsible for Dissemination:	Energy & Environment Team
Copies available from:	Connect on BDCFT Intranet
Where is previous copy archived?	P/ drive



Contents

Fore	eword	5
1.	Introduction	6
2.	Sustainability within BDCFT	6
3.	Our aim	7
4.	Our objectives	7
5.	Our principles	8
6.	SDAT	8
7.	Adaptation	10
8.	Estates and facilities:	11
a.	Asset Management and Utilities	11
b.	Capital Projects	12
9.	Supply chain and procurement	13
10.	Carbon and Greenhouse Gases	14
11.	Workforce and system leadership	15
a.	Corporate Approach	15
b.	.Our People	16
12.	Green space and biodiversity	17
13.	Sustainable Models of Care	18
14.	Travel and Transport: Our Green Travel Plan	19
15.	Digital transformation	20
16.	Food and nutrition	21
17.	Medicines	22
18.	Achievements in 2021	23
19.	Our targets	25
20.	Our plan	26
21.	Measuring Success	27
22.	Why we need a Green Plan	28

Foreword

Mike Woodhead, Director of Finance, Contracting and Estates BDCFT Board lead for sustainability

Action on climate change is being crowded out by more immediate preoccupations

The NHS will accelerate its efforts to tackle climate change with a series of co-ordinated measures to reduce its

Everything we do to the planet, we do to ourselves

flood, warming temperatures and food

security. We cannot ignore our environmental impact or the impact of the environment

on our supply chains and ability to deliver

Real change will only occur when everyone accepts this responsibility, and makes a concerted effort

responsibility, and makes a concerted effort

services.

People are living

longer but the systems that support life are being degraded to an unprecedented level. That's why here at BDCFT we want to be part of the solution; to support our patients, staff and the wider community to live their best lives.

This Green Plan 2021-26 builds on our environmental strategy for 2016-2020. This Green Plan sets out our aims, objectives, principles and targets to achieve environmental improvements now, and for future generations whilst continuing to provide high quality care and continuously improving the health and well-being of patients and staff.

There is widespread recognition that climate change poses a major threat to our health as well as our planet. The environment is changing and the pace of change is accelerating. This has direct and immediate consequences for people, including our patients, staff and the wider NHS. The quotes above are from the Royal College of Physicians¹, NHS Chief Executive Simon Stevens and the Kings Fund² and they demonstrate that the NHS, as both a significant contributor to UK emissions and an anchor institution, can take the lead.

The Covid-19 pandemic has influenced our behaviour, including how we work and interact with our colleagues and patients. Perhaps it has also increased our awareness of the vulnerability of global and planetary health. Environmental issues continue to permeate our lives including single use plastics, air pollution, drought,

https://www.rcplondon.ac.uk/projects/outputs/every-breath-we-take-lifelong-impact-air-pollution

² https://www.kingsfund.org.uk/blog/2019/04/nhsclimate-change

1. Introduction

A Board approved Green Plan (and an annual summary of progress towards net zero carbon) is a requirement of the NHS Standard Contract 2020-21 and a key tool for embedding sustainability across the NHS and Delivering a 'Net Zero' National Health Service. Our annual summary is a chapter within our Trust annual report.

This document is the BDCFT Green Plan. It replaces our Sustainable Development Management Plan and our Environmental Performance Improvement and Team Involvement Strategy 2016 – 2020. It is more than just compliance, it will drive a sustainable future for BDCFT and

community by publicly declaring o Total emissions: objectives and targets. This is a liveNHS Carbon Footprint emissions: strategy which takes account of ounHS Carbon Footprint plus emissions:

achievements to date. Guidance states the plan should be for three years and not five as previously envisaged, therefore some targets have been adjusted from a 2026 deadline.

2. Sustainability within **BDCFT**

BDCFT has achieved carbon reduction through a number of factors which include: energy consumption reduction through estate rationalisation; decarbonisation of the national grid; leasing low emission vehicles within the fleet; installation of photovoltaic cells at Lynfield Mount and Airedale Centre for Mental Health; and diversion of domestic waste from landfill. Our carbon emissions in 2020-21 were over 23,000 tonnes³ of carbon dioxide equivalent (CO2e)4.

healthcare services. It considers our social impacts as well as environmental.	
The BDCFT Green Plan was drafted prior	
to release of Green Plan guidance from	
NHSE&I. The first review in February 2022	
took account of that guidance, expected	
requirements of the ICS Green Plan and	
achievements to data. Cuidence states the	

CO2e emissions

TONNES

2021

2020/21

22,585

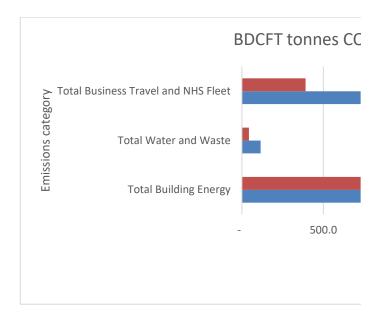
18,787

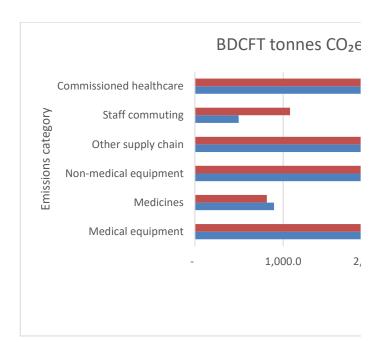
3798

³ Other supply chain includes food, uniform, hotel services items, furniture, hardware, linen, building and engineering products and services and patient appliances (items).

⁴ This chart has been updated to include all Procurement (Scope 3) emissions (the previous iteration excluded some of this).

Figure 1: BDCFT 2021/22 and 2020/21 CO2e emissions





3. Our aim

Be recognised as a leader in sustainability and environmental improvements within the NHS and our local community

To achieve this aim, we need the support of the whole Trust, patients and visitors and for change to occur at pace and scale. We have identified several objectives to reduce our collective environmental and social impact and to meet our obligations within the NHS long term plan and the NHS Standard Service Contract.

4. Our objectives

We will continue to improve our environmental performance if all staff recognise that business as usual is not feasible. Our objectives are to:

- 1. embed a Trust-wide approach to sustainability
- 2. consider the environmental impacts of everything we do
- 3. reduce carbon emissions
- 4. reduce consumption and waste

5. make a positive impact on our people and communities.

These large umbrella objectives will be met through achievement of key actions as detailed in the Green Plan, Action Plan whilst adhering to key principles.

5. Our principles

The principles that will guide our work are informed by the Forum for the Future's Net

A big shift: we cannot achieve our targets with business as usual

Influence staff, patients and the public to improve their behaviours

Make a **positive impact** beyond our
boundary

Restore the environment – increase biodiversity on our sites or with partner organisations

Positive Project. Our sustainability

principles are:

Following these principles and working towards the targets will ensure we address all aspects of sustainability (environmental, social and economic):

Be transparent

with our

achievements or

where we fall short

- net environmental gain
- enhancing health and wellbeing
- delivering social value
- increasing resilience for our future



best taff,

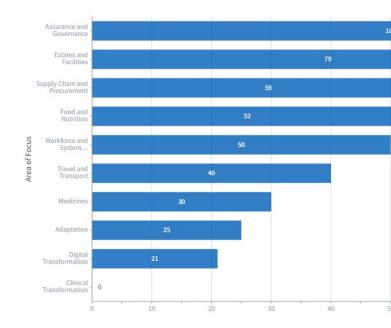
6.Green Plan Support Tool

Previously, BDCFT completed the NHS Sustainable Development Unit (SDU) online Sustainable Development Assessment Tool (SDAT) which enabled Trusts to self-assess their sustainability achievements in ten areas. The SDAT was removed in 2020 and has been replaced in 2023 with the Green Plan Support Tool.



Greener NHS An

The Trust has completed a self assessment, which has identified areas to focus on:



7. Adaptation

Climate change is one of the most significant public health threats we face. There is an emerging visible reality of extreme weather conditions, such as flooding and heat waves, which are increasing in severity and frequency. We need to act now to mitigate the negative effects of our past actions and to adapt to a changing climate now. Elsewhere in this document we address how we can change to mitigate, i.e. help to reduce climate change, here we consider how we adapt to changes that are happening now. Therefore we will:

According to the Royal College of Psychiatrists, 57 per cent of child and adolescent psychiatrists in England see children and young people distressed about the climate crisis and the state of the environment.

- use the redevelopment of Lynfield Mount Hospital as a key opportunity to adapt to climate change and develop quality and resilient green space, whilst also enhancing health and well-being of patients and staff.
- develop a Climate Change Risk Assessment to highlight risks to continuity and resilience, which will be reviewed annually or after an event or near miss and include significant risks on our risk register. We will consider clinical needs, the quality of our estate and supporting infrastructure.
- develop an Adaptation Plan linked to resilience planning with input from finance, estates
 management, emergency preparedness, HR, business continuity and local partner
 organisations (such as Bradford Council, Bradford Teaching Hospital and the
 Environment Agency) to ensure a co-ordinated and integrated adaptation plan. This will
 take account of an assessment of flood risk of our estate, access routes and supporting
 infrastructure (e.g. utilities, IT and supplies) and workforce based on current and future
 projected climate conditions. We need to ensure that our district nurses can continue to
 visit patients during severe winters and our inpatients and vulnerable community
 patients do not overheat during more intense summers.

Our Emergency Preparedness team has already considered national heat wave, cold weather and flood plans, which are reviewed and will feed into the climate change adaptation plan as necessary. We also monitor over-heating events, especially in clinical and ward areas. We will ensure staff are prepared and trained to deal with different extreme weather scenarios; for

example, that they know how to keep clinical and ward areas cool in the event of hot weather, and how to report high indoor temperatures.



8. Estates and facilities:

(Previously a number of topics)

a. Asset Management and Utilities

Electricity, gas and water are a substantial cost and environmental impact to BDCFT. We need to improve energy efficiency of equipment we use and our buildings to reduce consumption. From April 2021 we will purchase renewable electricity, but we still need to reduce demand and decarbonise our heating. Increasing staff engagement and awareness will help to embed efficiency and encourage staff to be energy efficient at home too. Our Estates Strategy needs to demonstrate our commitment to sustainability across our portfolio.

Our goal is therefore to increase energy and water efficiency across the Trust and as a minimum we will:

- monitor utility consumption and plan how to reduce consumption year on year.
- assess space utilisation and make best use of our estate, taking account changes to working locations and practices following Covid-19.
- communicate with staff, patients and visitors about how they can reduce utility consumption both at work and home.
- monitor and respond quickly to fluctuations in temperature or supply issues. Implement a temperature control policy.
- increase on-site energy generation capacity from renewable resources.
- develop a sustainable buildings action plan, including a review of our building stock with relevant stakeholders.
- Create a Heat Decarbonisation Action Plan



b. Capital Projects

Sustainability and efficiency will be embedded in refurbishment and new build projects. With the redevelopment of Lynfield Mount Hospital, we aim to incorporate sustainability principles including carbon net zero, green spaces, 'smart' buildings and to mitigate and adapt to the impacts of climate change. However, it doesn't stop with the build; we will ensure that staff know how to operate the heating, cooling, lighting and ventilation in their ward or office and how to maintain optimal performance.

Our goal here is to reduce the environmental impact of construction at design, refurbishment, construction and operation and as a minimum we will:

- work to achieve the highest <u>BREEAM</u> score possible and incorporate <u>WELL</u> building standards where appropriate.
- we will prioritise access to natural light, ventilation, green space, and active travel infrastructure.
- consider social value outcomes when procuring new services in the design and build, using local suppliers and small and medium sized businesses.



9. Supply chain and procurement

(Previously Sustainable Use of Resources)

There are numerous regulations for waste management which are detailed within the Trust waste management Policies and Procedures. The purpose of these is to ensure that what we generate, we also segregate, handle and dispose of correctly. This includes clinical and non-clinical wastes.

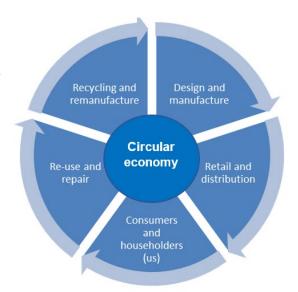


Purchasing goods is a large proportion

of our carbon footprint and we need to reduce unnecessary use of resources as far as possible. For everything else, we need move to a more circular economy⁵. We need staff and patients to be conscious of what they are purchasing, using and how/ where they dispose of waste. Staff should be aware of the waste hierarchy to reduce, reuse and recycle as much as possible.

Our goal here is to reduce waste and reduce the proportion of hazardous/ infectious waste year on year. As a minimum we will:

- develop and implement a Sustainable Procurement Policy.
- increase reuse and ensure staff consider reuse as a primary option where feasible.
- identify single use products that could be eliminated, reduced or replaced, where possible.
- improve segregation of waste and adherence to national guidance; minimising infectious waste and general waste where possible.
- reduce food waste at our inpatient sites.
- use our purchasing power to work with key suppliers to reduce packaging and waste.
- educate staff on circular economy principles both for home and work.



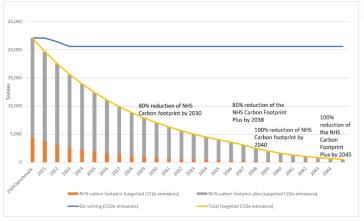
In the original Plan, we stated we would continue to implement the NHS Plastics Pledge, however, this project is not continuing with NHS England. We are however, participating in a European project to reduce single use plastic in Healthcare with institutions across Europe.

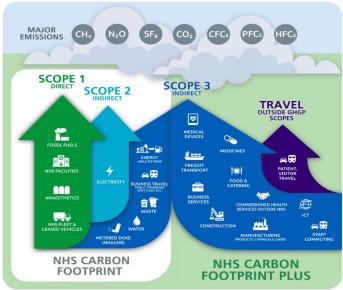
⁵ The Ellen MacArthur Foundation definition of a circular economy is one that is based on the principles of designing out waste and pollution, keeping products and materials in use, and regenerating natural systems.

10. Carbon and Greenhouse Gases

Everything we do and everything we buy, generates carbon. We have calculated our carbon emissions for electricity, gas and business travel annually for many years but we have now measured a more comprehensive carbon footprint for 2020-21. We produced around 23,000 tonnes of CO2e

Delivering a net zero NHS report divides emissions into those we have control over (the NHS Carbon Footprint) and indirect emissions (NHS Carbon Footprint Plus).





To achieve 'net zero', we need to aim for:

- 15 per cent year on year carbon reduction from our NHS Carbon Footprint, and
- 10 per cent year on year carbon reduction from our NHS Carbon Footprint Plus

The reduction in 2021 in the 'do nothing'

scenario shows the mandatory purchase of renewable electricity from April 2021.

As a minimum we will:

- measure our carbon impact year on year and report to Board and colleagues.
- identify 'hotspots' and target activities to reduce carbon emissions, for example with key suppliers and contractors.
- engage colleagues in our 'Just One' campaign to change just one habit on just one day.
- work with neighbouring Trusts and local authorities on district wide initiatives.
- educate patients and colleagues to make low carbon choices at home.

In the original plan, we said we would investigate offsetting opportunities for carbon we cannot eliminate. However, as offsetting is not a priority, this has been removed to enable focus on carbon reduction measures. A carbon reduction plan will be produced in 2022.

11. Workforce and system leadership

a. Corporate Approach

To succeed we need a corporate approach to sustainability to demonstrate commitment to and the importance of improving planetary health in order for people and communities to thrive. This Green Plan is Board approved and they will hold us to account. Senior staff will be accountable for ensuring that the policies, procedures, processes and any business cases take account of sustainability across the whole Trust.

Our goal here is to ensure that sustainability is embedded within BDCFT strategies and processes, and that we deliver, monitor and report on progress to the Board with a Board level champion. As a minimum we will:

- report progress regularly to the Finance, Business and Investment Committee and Board for them to support corrective action if needed.
- include a detailed sustainability update in the BDCFT annual report.
- develop and implement a Sustainable Procurement Strategy.
- require large business cases to incorporate a Sustainability Impact Assessment.







b..Our People

The success of the Green Plan relies on everyone playing a part. All staff need to be conscious of how their choices and behaviour at work impact the environment.

Many people are more aware of environmental issues than ever before. We need to harness this interest and encourage them as well as engage with staff and patients who are just starting the journey. No matter our interest and experience, we can all do something to take ownership and make positive influences.

As an anchor institution⁶ our reach extends beyond our Estate. We recognise we have a role to play in embedding sustainability behaviour at home as well as work. This is more important than ever with many staff working from home some or all of the time.

As a minimum for Our People we will:

- convene a quarterly sustainability group with representatives from patient groups, clinical, corporate, community and estates.
- provide regular communications and education through a variety of media channels for staff to provide advice and guidance on a range of environmental topics, e.g. through Connect.
- work with staff groups and patient groups to develop specific projects that address our Green Plan action plan.
- raise awareness of sustainability through team meetings, continual professional development opportunities (CPD) and training and induction.
- recruit internal sustainability champions to help disseminate key messages.



⁶ An anchor institution is a large, public sector organisation whose long-term sustainability is tied to the wellbeing of the populations they serve.

12. Green space and biodiversity

As a mental health Trust, it is important for us to recognise and encourage use of green space to improve mental and physical health. We can help to alleviate stress, anxiety and depression by encouraging nature-based therapies and we can mitigate the impact of weight gain as a result of medication by encouraging physical activity outdoors.

Improving our green spaces can also contribute to improved air quality and noise reduction, and supports biodiversity whilst alleviating the impact of climate change, e.g. slowing down rainwater flow to prevent flash flooding. We are already supporters of the NHS Forest, having planted trees at Lynfield Mount Hospital around 10 years ago and recently planted more trees at Waddiloves, Somerset House and Lynfield Mount Hospital.

We will:

- Develop a biodiversity and green space strategy and associated action plan.
- Work internally with Estates, nursing staff and allied health professionals, and with the local voluntary and community sector, neighbouring Trusts and the Council to provide opportunities for service users to benefit from nature-based activities and therapy.
- Aim for net biodiversity gain on the Estate, particularly with the redevelopment of Lynfield Mount Hospital.
- Educate colleagues and patients on the benefits of nature for physical and mental health.
- Provide opportunities for staff and patients to access green space.
 Acknowledge that green space is a resource and encourage allotments and food growing at home.

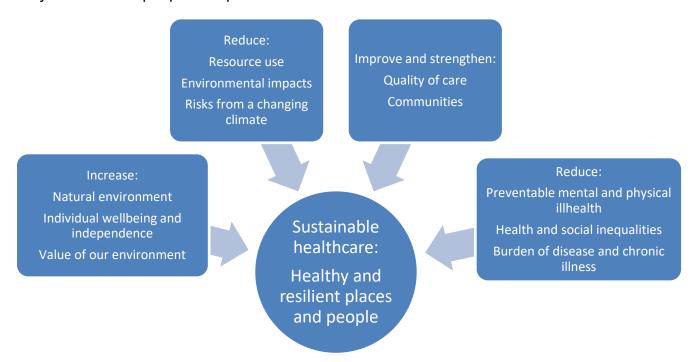




13. Sustainable Models of Care

The pandemic has accelerated digital changes within our services but there continue to be more we can do to influence and embed sustainable models of care. With more patients being treated in the community, sustainable care will be even more important to ensure operational efficiency too. However, equity of service is important and we recognise digital methods will not always be appropriate.

Recognising our impact on the environment will help us to improve patient care. Identifying and supporting activities that prevent clinical intervention and reduced demand will lead to healthy and resilient people and places.



To achieve sustainable models of care we will aim to:

- involve staff, patients and service users and the wider community in decisions that
 affect when and where they are treated, for example in the design of the hospital
 redevelopment, to ensure it is an appropriate, patient-led, healing environment.
- develop initiatives to prevent or reduce the length of inpatient stays, for example work with community partners that support vulnerable patients when discharged.



14. Travel and Transport: Our Green Travel Plan

A requirement of the Delivering a Net Zero NHS is for Trusts to have a Green Travel Plan and many of the environmental requirements of the NHS Standard Contract relate to transport.

We recently published our BDCFT Green Travel Plan 2021-26, which aims to significantly reduce carbon emissions and improve local air quality. It is also in line with the NHS People Plan; whereby if staff can have flexible working patterns, there will be more opportunities to choose sustainable methods of transport for their commute.



Implementation of the Green Travel Plan will provide cost savings and health

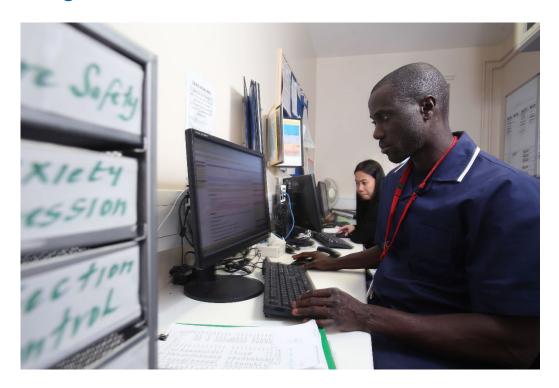
benefits for staff, including mental health by eliminating commutes and time spent in congestion. There are also financial savings for BDCFT associated with lower business miles.

Leaving the car at home is extremely challenging and for many, they have no option. However, for those that can use active travel, public transport, or that can reduce the number of days they commute, we will provide advice and support, as well as infrastructure (e.g. bike lockers) where necessary.

With regards travel and logistics we will:

- develop an electric vehicle strategy so colleagues understand when and where they can charge an electric car, taking account of electric supply capacity and demand.
- encourage staff to amend their travel habits for Just One Day.
- continue to invest in cycle infrastructure when and where appropriate.
- continue to encourage home working where business and service needs allow.
- take steps to develop an expenses policy that promotes sustainable travel choices.
- work with our car leasing scheme to further restrict the lease of high emissions vehicles whilst ensuring staff are not disadvantaged.
- expand the use of electric vehicles within the fleet and reduce fleet mileage.
- provide sustainable travel advice for service users and visitors to our sites.
- work with partners to deliver on local ambitions to reduce carbon emissions and improve air quality.

15. Digital transformation



Digital transformation has moved at pace because of necessity during the pandemic and it has enabled us to achieve significant carbon reduction by enabling home-working and reducing commuting. Other benefits can include increased capacity and greater information sharing (for example when all stakeholders can access SystemOne).

BDCFT will continue to champion teleconferencing and use of Microsoft Teams as part of the Smarter Working agenda. However, it is very important for patients and clinical staff to have the opportunity to meet face-to-face if this is preferred and to ensure a digital divide does not affect quality of care. The NHS Planning Guidance identified that at least 25% of outpatient appointments should be digital. BDCFT will consider this, taking account of the acuity, vulnerability and demographics of patients and service users.

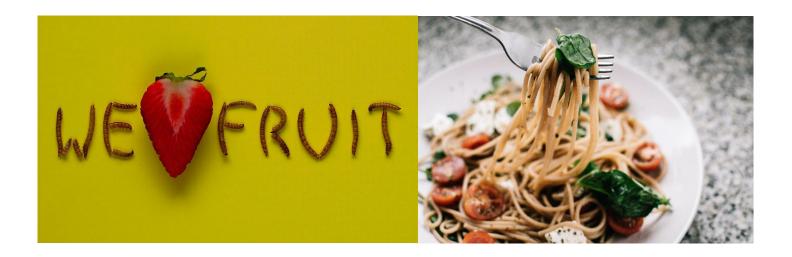
Other digital activities include:

- Reducing printer user across the Trust
- Assessing opportunities for digital appointments and letters
- Retaining or expanding telemedicine and remote consultations where appropriate.
- Discussing carbon reduction opportunities with large ICT providers e.g. Dell
- Investigating opportunities to reduce mobile phone use by introducing softphones (using laptops for calls).
- Reuse of equipment inhouse and at end of life internally dispose of with a permitted waste electrical contractor.
- Utilise data to identify opportunities for improved care.

16. Food and nutrition

The BDCFT catering team are open to opportunities to reduce waste and carbon as evident by participating in Guardians of Grub, to assess food waste in inpatient settings. Reducing food waste and assessing the carbon impact of our menus are just two ways to deliver sustainable catering. We will:

- Continue to send food waste to Re:Food for anaerobic digestion to remove food from general waste.
- Reduce meat consumption as part of a healthy and sustainable diet, taking account of national guidelines.
- Increase opportunities for local, British food supplies, including meat, by participating in the Love British Food Hospital Network.
- Incorporate allotment produce into Trust catering, where possible.
- Reduce food waste.
- Introduce electronic patient meal ordering.
- Assess the carbon impact of food/ meals, and promote low carbon options to staff and patients.
- Reduce the environmental impact of catering disposables.
- Consider sustainable menus within the Food and Nutrition Strategy.



17. Medicines



The 2021/22 NHS Standard Contract identified inhalers and anaesthetic gases as two key areas for early action. BDCFT do not use anaesthetic gases and few inhalers are prescribed inhouse. However, the Pharmacy and Sustainability teams will continue to investigate options for inhaler prescribing and waste, and other opportunities, including:

- Continuing to investigate deprescribing opportunities
- Investigate opportunities to increase social prescribing. (to help support the green space and biodiversity plans)
- Reduce paper and plastic use where possible
- Participate in regional Sustainable Pharmacy meetings
- Engage with the Sustainable Medicines Partnership to assess the carbon impact of medicines and identify low-carbon alternatives.
- Review medicines stock control to minimise wastage

18. Achievements in 2022

Adaptation:

 A joint ANHSFT, BDCFT and BTHFT place based Climate Change Adaptation Plan will be approved by each Trust in Spring 2023.

Estates and Facilities:

- In 2022, the Trust received a Heat Decarbonisation Plan to identify how the Trust can reduce reliance on gas heating. A subsequent report has provided more detail on our options and electrical capacity needed to enable us to transition from gas to electric heating.
- A feasibility study was completed which confirmed it is not viable for the Trust to utilise hydropower from the river Aire to create renewable electricity at New Mill.
- Additional solar panels have been installed at Airedale Centre for Mental Health which
 is expected to provide around 30% of the electricity this building needs per annum

Workforce and system leadership

- Received 'significant assurance' from Audit Yorkshire regarding a Sustainability audit with them. Recommendations identified are being acted upon.
- Sustainability Impact Assessment is now available online via Hornbill and teams are
 encouraged to complete this during any business case, service change, policy or
 strategy update. More work is required to embed this within these processes.
- 90 staff members have completed Carbon Literacy training a further 50 people from outside the Trust have been trained, many at the request of the ICS.
- Sustainability will be represented at the forthcoming in-person corporate induction as well as included within the induction checklist for managers and the information provided to new starters prior to induction to ensure new recruits understand our commitment and their responsibilities.

Green space and biodiversity

- The Keighley allotment welcomed service users on site in 2022 and the success is promoted in this Better Lives charity video.
- The Sustainability Team hosted three Bradford University Occupational Therapy students who have created resources to encourage greater use of nature based therapy.

Sustainable Models of Care

 Both Community Mental Health and Adult Physical Health Transformation teams are engaging with the Sustainability Team to consider the impacts of proposed changes. This will continue through 2023 for these long-term projects.

Supply Chain and Procurement

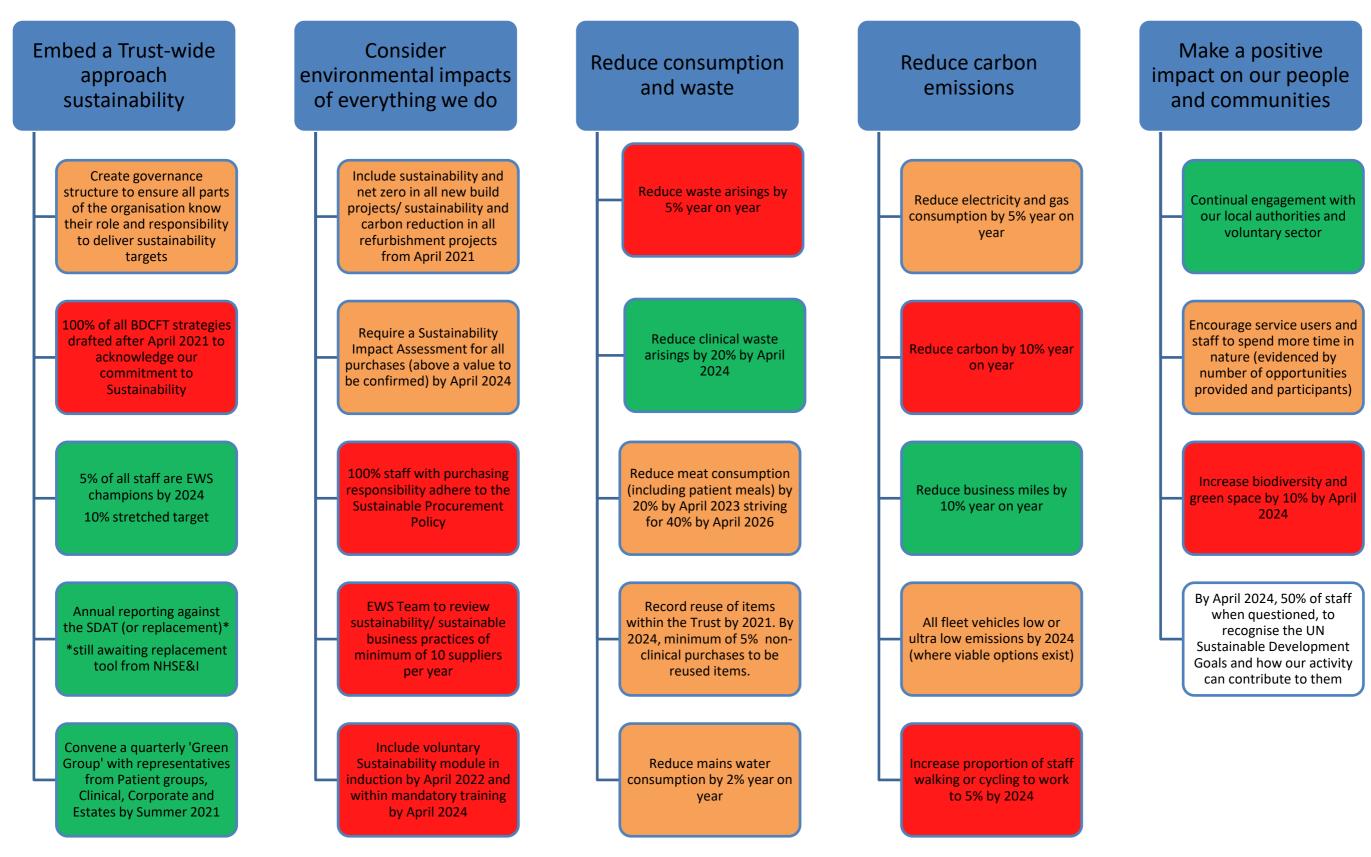
- adopted the ICS Sustainable Procurement Policy and will look to communicate this across the Trust in 2022.
- assessed food waste using sustainability charity, WRAP's, Guardians of Grub methodology.
- Set up a project team to review the clinical and non-clinical stock rationalisation
- Rolled out non-infectious (offensive) waste segregation and additional waste training to ward staff.
- Trialling online reuse platform Warp-It to reuse items within the Trust and with neighbouring NHS Trusts
- participating in a European project to reduce single use plastic in Healthcare with institutions across Europe.

Travel and Transport: Our Green Travel Plan

- Working with BTHFT to identify joint transport initiatives.
- Liaising with local bus operators e.g. Transdev to provide cost effective public transport solutions.
- Completed a 2022 travel survey.
- Received additional electric vehicles within the fleet, including vans for the logistics team.
- With the exception of the Dental vehicle (which has an exemption), the Trust is compliant with the new Bradford Clean Air Zone.

19. Our targets

From the sections above, we can distil a number of targets. These Green Plan targets are not binding but help to provide a structure and reportable performance indicators. As more guidance is developed by NHS England on Green Plans and net zero requirements these targets will be modified with the agreement of the Board. Progress towards targets has been RAG rated to show where we are doing well and where more time and resource is needed. Target dates have been amended to reflect the shorter timescale for the Green Plan as required by NHS England. Any targets not RAG rated mean it is too early to identify progress towards the target.



20. Our plan

To achieve our aim and objectives, and the targets which we will monitor progress against, we need a plan. Details are in our action plan which accompany this Green Plan and the Green Travel Plan. Key actions for the first two years of the Plan focus on NHS England requirements.

Figure 2: Objective and priority actions

Embed a Trust-wide approach sustainability:

- •Executive and Board recognition of the urgency of climate change and environemtnal improvements
- •Board approved Green Plan
- •Include sustainability objectives in all BDCFT internal strategies
- •Provide communications to educate and engage staff and patients about environmental issues
- Recruit EWS champions
- Promote and work within a Sustainable Procurement Strategy

Consider environmental impacts of everything we do

- •Use local suppliers and contractors wherever possible
- •Include sustainability and carbon zero initiatives in capital projects and the redevelopment of Lynfield Mount Hospital
- •Impement a Sustainable Procurement Policy
- •Support initiatives to reduce air pollution levels that affect our staff and neighbours

Reduce carbon emissions

- •Establish a carbon baseline including Scope 3 emissions where possible
- •Develop carbon targets for year on year reductions
- •Reduce our utility consumption and associated emissions
- •Reduce business travel
- •Reduce meat consumption

Reduce consumption and waste

- Introduce a Sustainability Impact Appraisal for all purchases over a minimum threshold
- Maximise reuse and recycling of resources and waste
- Reduce plastic content of waste, as a minimum, as directed by the NHS Plastics Pledge

Make a positive impact on our people and communities

- Enhance the environment of Bradford through our work and partnerships
- Encourage service users and staff to spend more time in nature; develop an Estate that provides a variety of green space
- Recognise the equality, poverty and health & wellbeing goals of the UN Sustainable Development Goals support local action

Measuring Success

There is no fixed and permanent solution; we need to constantly evolve and improve. To do this we need to monitor and evaluate our performance, and inform staff, patients and the public how well we are doing against our commitments. For any qualitative targets, we will survey staff to identify how well we are doing.

We will continue to publish an annual report, submit data to ERIC⁷ and use other reporting tools such as Sustainable Development Assessment tool (SDAT) replacement.8. We know it will be difficult, but fear of failure and missing targets is no justification for inaction. If we miss a target, we will reflect on how we can adapt and plan to achieve it in future.



Estates Return Information Collection (ERIC) 2018/19

Data Quality Report 2019

Published 17 October 2019



Information and technology

Copyright © 2019 Health and Social Care Information Centre
The Health and Social Care Information Centre is a non-dec

Sustainability Report

Sustainability is defined by the Brundtland Commission as follows

"Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs"

our activities, but also Social Sustainability (communities, education, and wellbeing) and Economic Sustainability (poverty and its physical and psychological effects). This report seeks to address all three pillars of Sustainability: Environmental, Social and Economic.

In 2019, the Trust was awarded a certificate of excellent sustainability reporting. This certificate awarded by NHS Improvement, the Sustainable Development Unit and HFMA demonstrates our commitment to environmental, social and financial

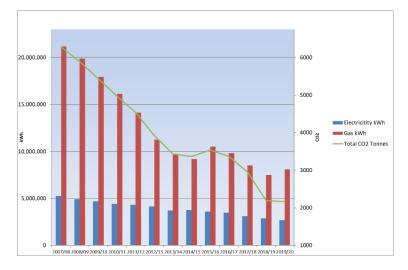


Carbon reduction and energy efficiency

Under the Climate Change Act 2008 the UK has a statutory target to reduce carbon emiss 80% by 2050 compared to 2007/08 As the largest UK employer, the NHS has an important developing actions that will help to achieve this target. Each NHS organisation has been ta identify actions to improve its own sustainability and reduce energy consumption.

In response to this challenge we are working hard to reduce the amount of energy we use. We are using 40% less electricity and 59% less gas than in 2007/08. We are also emitting 3,326 fewer tonnes of cathod dioxide per year, a 56% reduction in our historic baseline emissions, as shown in the consumption table and trend chart below.

- installation of solar panels at Lynfield Mount Hospital;
 ongoing Airedale Centre heating and building improvements; and
 ongoing programme of improvements to Building Management Systems (BMS)



⁷ Estates Return and Information Collection

⁸ From the Sustainable Development Unit

22. Why we need a Green Plan

But why do BDCFT even need a Green Plan?

Under the Climate Change Act 2008 the Government set a target to reduce emissions by 80 per cent (of 1990 levels) by 2050. This was amended in 2019 to be net zero greenhouse gas emissions by 2050. This is to keep rising global temperatures under 1.5C by 2100, widely accepted as a threshold beyond which significant environmental degradation will occur. In December 2020, the Government further announced a <u>new plan</u> targeting a 68 per cent reduction in greenhouse gas emissions by 2030.

This means emissions from transport, agriculture, industry, businesses, homes and of course the NHS will have to be avoided completely by 2050 or offset (removing CO2 from the atmosphere) to support national efforts.

There are four key NHS documents that establish sustainability drivers for the Trust:

- Delivering a Net Zero NHS
- NHS Long Term Plan
- NHS Standard Service Contract 2020/21
- NHS Operational Planning and Contracting Guidance 2020/21

The NHS Long Term Plan sets out how the NHS will transform and improve over the next 10 years and includes sustainable development considerations. The NHS Standard Service Contract contains a series of targets and objectives which are an integral requirement for NHS Trusts. Deliverables for sustainable development include:

Sustainable development deliverable	BDCFT response
Cut business mileage and NHS fleet air	Mileage has reduced considerably in
pollutant emissions by 20 per cent by 2023/24.	2020/21. Our Green Travel Plan 2021-26 aims to meet this deliverable as we recover
2023/24.	from the pandemic.
Complete a Green Fleet Review.	BDCFT received a free Green Fleet Review from the Energy Savings Trust in 2020 and will act on recommendations.
Ensure all fleet vehicles purchased or	Estates and Facilities are investigating
leased after 1 April 2020 support the	further options for ULEV within the fleet
transition to low and ultra-low emission	whilst taking account of service
(ULEV).	requirements, for example delivering out of hours services.
Measure (environmental, financial and	
health) impacts of travel using the	We will utilise HOTT to support our Green
Sustainable Development Unit's Health	Travel Plan.
Outcomes of Travel Tool (HOTT).	We have included this requirement in our
Ensure that any car leasing scheme restricts the availability of high emission vehicles.	We have included this requirement in our Green Travel Plan.

Sustainable development deliverable	BDCFT response
Purchase 100 per cent renewable electricity from their energy suppliers by April 2021.	BDCFT has instructed our energy broker to purchase renewable electricity from April 2021.
Replace lighting with LED alternatives during routine maintenance.	BDCFT do and will continue to install LED fittings during maintenance, when possible.
Ensure all new builds and refurbishment projects are delivered to net zero carbon standards.	BDCFT are engaging contractors to support major refurbishments and new build projects. Net zero carbon is discussed within the brief.
Reduce single use plastics and commit to the NHS Plastics Pledge.	BDCFT signed up to the NHS Plastics Pledge in 2019 and is meeting the requirements of this pledge.

Other requirements, e.g. for reduction in metered dose inhalers and anaesthetic gases are not relevant to BDCFT and have therefore been excluded from the above list.

In 2021 further supporting documents and strategies are expected from NHS England and Improvement to help Trusts to reduce carbon emissions across a range of activities. These are set to include: Clinical Waste Strategy; Estates (Workforce) People Plan; NHS Energy Strategy and Stretch Programme; Net Zero Carbon Client Brief; and Green Leases Framework. Some guidance and standards documents (HBN and HTM) will also be updated. All of this will help us to set out key activity's we can take to reduce the environmental impact of our estate.

This all supports the For a Greener NHS campaign which launched in 2020 to address the NHS' impact on climate change, air pollution and waste. Success in this campaign and meeting national targets will require action from all BDCFT staff, including clinical and corporate. We all need to be conscious of how our actions impact our environment and we need to start to make things right in everything we do before the mountain is too big to climb.

Annette Kennedy, President of the International Council of Nurses

COVID-19 has forced the world to pause and take stock, providing us with a unique opportunity to make changes that will benefit the planet and all the people on it. Climate change poses an imminent and serious threat to the health of the world's population. We are calling on governments to make sure that pollution levels do not return to previous levels, so that our children and grandchildren will be able to grow up healthily in a liveable and sustainable climate. It may be the only chance we have for anything positive to come out of the COVID-19 pandemic, and to let this opportunity slip by would be unforgivable.

UK Health Alliance on Climate Change

How the NHS operates in relation to procurement and waste, food, transport and air pollution, energy and advocacy and leadership, could help the health service to realise greater co-benefits to planetary health, finance, and society.

British Medical Journal

A "science-based approach" to a healthy recovery from Covid-19 must mean decisions by international governments that reduce both air pollution, which damages every organ in the body, and greenhouse gas emissions, which drive climate change – causing drought, heatwaves, flooding, changing patterns of infectious diseases and a multitude of other threats to health.

Royal College of Physicians

Without a sustainable environment, healthcare costs will rise and delivery will be made more difficult by the changing climate.

West Yorkshire and Harrogate Health and Care Partnership

The <u>WYHHCP</u> has signed up to an ambition to be global leader in responding to the climate emergency.

APSE

Informed by scientific evidence, the contribution of local reductions in emissions can be significant, and should be actioned as soon as possible.

A cut today is better than the same cut tomorrow and is worth as much as a large cut later. The priority should be to begin cutting emissions as soon as possible, rather than worrying about how to eliminate them altogether.