



Young People Research advisory and Involvement Group.

This group gives young people the opportunity to learn about health research, and get involved in and shape research with children and young people.

You will gain new skills through advising and consulting with NHS staff and researchers from across the Yorkshire and Humber region. We offer lots of opportunities and training for you to get involved in to ensure that the voice of young people is heard in influencing services.

**Young Dynamos is for people aged 15 to 25.
The group meets once a fortnight during term-time
on a Thursday, 5.00pm – 6.30pm.**

What will I get out of joining?

- Meet new people
- Develop skills in presenting and communication
- Team building skills and confidence
- Can contribute to your personal statement
- Most importantly – have your voice heard

More information

Young people's involvement | BDCT
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www.bdct.nhs.uk/get-involved/your-voice-matters/young-peoples-involvement/

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