

Health Promotion Current Awareness bulletin

February 2023

Current Awareness bulletin

Welcome to BDCFT Library's Health Promotion Current Awareness bulletin. This bulletin is produced every three months and highlights selected resources of relevance to health promoters across our district.

BORROW OUR HEALTH PROMOTION RESOURCES

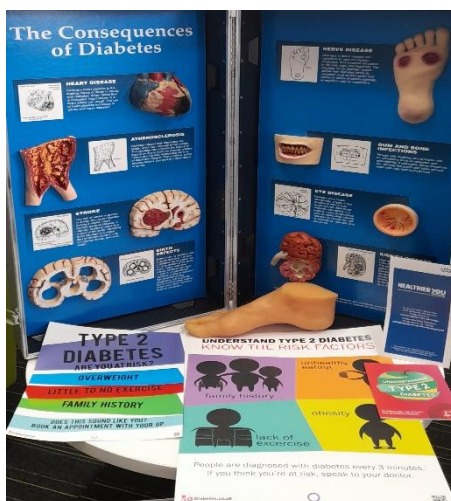
The library had a wide range of physical resources free to borrow. As well as books and teaching packs, we have games, models, costumes and other interactive resources specifically designed to increase the impact and accessibility of your health-related messages.

Also remember that you don't have to work for BDCFT to use our library. As long as your work involves delivering healthy messages within Bradford, Airedale, Wharfedale or Craven you can join the library and borrow resources.

E: library.lynfield@bdct.nhs.uk

FREE LEAFLETS & POSTERS

We have a huge selection of leaflets and posters free to order. You can order in person at the library or via phone on 01274 223900; you can also email us or you can access our leaflets list via this [LINK](#)



HEALTH AWARENESS CAMPAIGNS



The library works in partnership with My Living Well to deliver six health awareness campaigns each year. In March we will be rolling out a campaign to raise awareness about **stress and anxiety**. For more details and to order a campaign display pack, email library.lynfield@bdct.nhs.uk

Health Inequalities: IFS Deaton Review 2022 Ann Case & Lucy Kraftman



One of the motivations for the introduction of the National Health Service in Britain in 1948 was to redress the injustice of health inequalities thought to be caused by the need to pay for healthcare. That health inequalities remained after 1948 – and exist today in all rich countries, whatever the nature of their healthcare provision – was initially a source of puzzlement, one that led researchers and policymakers to focus less on healthcare and more on ‘upstream’ social factors, such as education, income and income inequality, racism, the operation of the labour market, and social

security, tax and transfer systems.

Adult smoking habits in the UK: 2021

ONS 6th Dec 2022



Cigarette smoking habits among adults in the UK, including the proportion of people who smoke, demographic breakdowns, changes over time and use of e-cigarettes. [LINK](#)



Tobacco: Treating Dependence (Quality Standard [QS207])

NICE, 15th Dec 2022

This quality standard covers support and treatment to stop smoking and stop using smokeless tobacco, and harm-reduction approaches for people who are not ready to stop in one go. It describes high-quality care in priority areas for improvement. [LINK](#)

Disabled Children and Young People Up to 25 with Severe Complex Needs: Integrated Service Delivery and Organisation Across Health, Social Care, and Education

NICE, 13th Jan 2023

This guideline covers support for disabled children and young

people with severe complex needs, from birth to 25 years. It aims to encourage education, health and social care services to work together and provide more coordinated support to children and young people, their families and carers [LINK](#)

DEMOS

Smoke Without Fire: a New Vision for Vaping Policy in the UK

Demos 12th Jan 2023

<https://demos.co.uk/project/smoke-without-fire-a-new-vision-for-vaping-policy-in-the-uk/>

In 2019, the Government set out a laudable goal. By 2030, their stated ambition is for England to be entirely smoke-free. Smoking remains the leading preventable cause of illness and premature death in the UK, and is a primary driver of health inequality in England. However, in 2023, we are on a course to miss this target. Our white paper, Smoke without fire, has sought to identify ways of encouraging smokers to switch to e-cigarettes without introducing non-smokers to nicotine.



HIV Monitoring and Evaluation Framework

HM Govt. 1st Dec 2022

Public health analysis of progress towards meeting the aims of England's HIV Action Plan. [LINK](#)

Adolescent Vaccination Programme in Secondary Schools

HM Govt 6th Jan 2023

Information on the adolescent vaccination programme delivered in secondary schools and the role that schools play.

[LINK](#)

State of the Nation 2022: Children and Young People's Wellbeing

HM Govt 7th Febr 2023

A report on the wellbeing of children and young people over the academic year 2021 to 2022. [LINK](#)



Are You Struggling with Money This Winter?

Lots of us are worried about money at the moment. And this can have a big impact on our mental health. If you're struggling right now, we're here for you. [LINK](#)

Vest Yorkshire and Harrogate
Health and Care Partnership

Learning Disabilities & Neurodiversity

Social Prescribing & Reasonable Adjustments [LINK](#)



Living Well - Healthy Minds

The Healthy Minds website is a place for everyone in Bradford and Craven to access local mental health and wellbeing support services, resources and information.

From workshops to peer support groups, the Wellbeing Assistant can offer you tailored suggestions on services and self-help apps based on how you are feeling. People can find what they need, when they need it - quickly and easily. The resources cover a range of topics and provide self-help materials to help you understand and improve your thoughts and feelings.

Healthy Minds Website [LINK](#)



The Six Principles of Good Peer Support for People Living with Type 1 Diabetes

NHS England, 14th Nov 2022

Peer support, or people drawing on shared experiences to help each other with knowledge, information and support, is a simple but powerful approach to health and wellbeing [...]. It is particularly valuable for those with long term conditions such as Type 1 diabetes, as those newly diagnosed can learn from the experiences of others in gaining knowledge skills and

confidence, which they often find value in passing on in their turn. This document seeks to set out “what good looks like” for peer support – or what people should expect from a well-functioning group, with a specific focus on Type 1 diabetes. [LINK](#)



How to increase vaccination uptake among migrant communities

NIHR, 20th Dec 2022

Migrants arriving in Europe may face a range of personal and practical barriers to vaccination. Research found that tailored messages about vaccination, community-based interventions, and convenient local clinics can encourage underserved groups to have vaccinations. Recommendations include improving migrants' access to primary healthcare and co-designing strategies and services. [LINK](#)



NICE Urges Professionals to Correctly Gather Information on People's Alcohol Drinking Habits to Ensure those who Need Help are Not Missed

NICE, 31st Jan 2023

Thousands of people asked each year could be missing out on brief interventions to help curb problem drinking, or a potential referral to specialist alcohol services. [LINK](#)



Fuel poverty and data infrastructure: report and fuel poverty risk index

ODI, 8th Nov 2022

This report reveals the sections of society that are most affected by fuel poverty, as well as the areas of the country where the problem hits the hardest. It paints a surprising picture of fuel poverty in England today, with renters, the young, large households, lone parents and those with young children disproportionately impacted.

[LINK](#)

Children in the North Most Vulnerable to Cost-Of-Living Crisis

University of York, 23rd Jan 2023

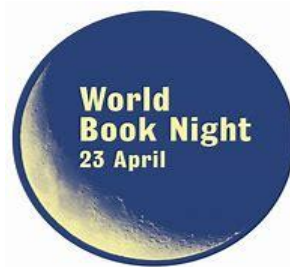
Co-authored by a University of York academic, a new report has warned that children living in the North of England are among the most vulnerable to rising living costs. [LINK](#)



Guidelines for Virtual Home Assessment Tools

NIHR, 19th Jan 2023

Virtual home assessments could reduce the need for in-person visits. New guidelines could help people develop and use the tools they need to carry out these assessments. Home assessments are for people who struggle to do everyday activities because of disabilities, for example, after having a stroke. [LINK](#)



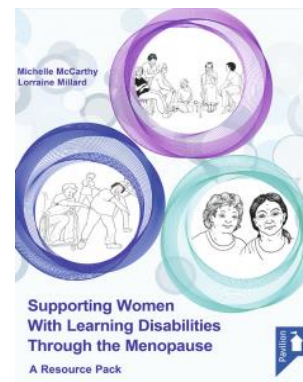
The Health Promotion Library at Lynfield Mount is pleased to announce that The Reading Agency is providing us with multiple copies of David Harewood's highly commended autobiography *Maybe I Don't Belong Here*. We aim to distribute this book to as many people as possible who don't have regular access to books. If you know anyone who might appreciate a free copy of this powerful book, please email us to arrange collection [LINK](#)

New Health Promotion Resources in the Library

We have recently acquired a number of new physical resources, which are free to borrow for all health promoters. We have a full-size articulated spine and pelvis



a realistic pressure ulcer foot model (dark skin) and a wifi-enabled data projector. We also have a number of new training manuals from Pavilion for those working with adults learning disabilities.



Complied by:

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