



# Volunteer Walk Leader

## Training application form

Thank you for your interest in becoming a volunteer walk leader.  
Please complete this form and return it to the Well Together Service.

### About the training

The Volunteer Walk Leader course is a half-day course for anyone willing and able to lead walks in the community for the Well Together service. The session will include practical advice on leading a walk and information on keeping people motivated and safe. We offer both face to face and virtual training as required. You will be required to take part in a short demonstration walk which may be held on a different day to your training, and then to arrange to shadow and lead a walk with us to gain certification. You will need to wear suitable clothing and footwear to participate in the walks.

### What's expected of you after the training

You will have completed walk leader training to enable you to deliver walks for the Well Together service. Once training has been completed, you will be assigned to a member of our team who will support you in leading your new walk. You will receive your walk leader certificate once you have completed the training and have started to lead a regular walk with Well Together.

### Your details

<b>Full Name</b>	
<b>Address And postcode</b>	
<b>Telephone</b>	
<b>Email</b>	

Why are you applying to be trained as a volunteer walk leader?

**Have you recently attended a well together health walk?**

**How often could you lead a walk?**

**Do you have any other experience, skills or interests which may be useful? For example, First aid training.**

**Do you have any special requirements when attending a training course?**

**If yes, please give details:**

**Where did you hear about volunteer walk leader training?**

**Please confirm that you understand how we will use your information:**

<b>Signed:</b>	<b>Date:</b>
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Once complete, please return this form to Well Together at [welltogether@bdct.nhs.uk](mailto:welltogether@bdct.nhs.uk) or post to Well Together, Bradford District NHS Foundation Trust, New Mill, Victoria Road, Saltaire, BD18 3LD