



Well Together Service

FREE!! Volunteer Led Walks

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Well Together BDCFT



@BDCFT_WTS

Please be aware that timings do change, therefore contact to check dates and times.

Please note some of our walks have restricted numbers, so therefore please do not turn up to our walking groups without prior arrangement.

All walks are 'socially distance' and hand sanitizer is available to use.

BRADFORD AREAS			
Eccleshill Health Walkers With Ian Stow and Susan Knox	Meet at Eccleshill Mechanics Institute, Stone Hall Road, Bradford BD2 2EW for a gentle 45 min Walk around the area.	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Every 2 weeks Tuesdays 9.45 am – 10.30 am 30 Aug 13 Sept, 27 Sept
Friends of Bowling Park with Barbara Pitts, David Topham and Shirley Carlin	Meet at the Lodge (opposite Lister Avenue), Bowling Hall Road, Bowling Park Bradford BD4 7TL Suitable for Pram/wheelchair users	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Tuesdays 10.00am – 11.00 am Term time only
Harold Park Walk Margaret and Bernard Tetley	Meet at the main park gate. A slow-paced walk around Harold Park, Park Road, Low Moor, Bradford, BD12 0EW	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Fridays 11.00am -11.45am 30-45 Min walk Dogs on leads welcome
Holmewood Walk with Barbara Wainwright, Annie McKay Eileen Widdop	Meet at St Christopher's church (car park) Holmewood Road, Holmewood, BD4 9EJ	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Mondays 9.45 am - 12.00 noon
Horton Bank top Walk Harjit Panesar	Meet at the bottom of Brayshaw Drive, (opposite Horton Bank Top Surgery) BD7 The group usually catch a bus to their walk and need to be there for 10.10 ready for the bus which comes shortly after.	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Mondays Meet at 10.10 am length of walk varies depending on walking ability

Lister Park Walkers Anne Griffin	Meet at the Prince of Wales Gate at Lister Park for a gentle walk around the Park, North Park Road Bradford BD9 4NS Suitable for Pram/wheelchair users	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Thursdays 10.00 am – 11.00 am Restarts 8 September
Peel Park Walk With Maureen Gamble	Meet at Peel Park (Cliffe road entrance) Bradford, BD3 0LT for a gentle walk around Peel Park, returning back to Park Gates at Cliffe Road. Suitable for Pram/wheelchair users	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Thursdays 10.00 am – 11.00 am
The Ridge Walkers with Michael Whyte Tim Grunwell	Meet at the top gates of Horton Park, by the Ridge Medical Practice, Cousen Road, BD7 3JX Suitable for Pram/wheelchair users	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Thursdays 11.00 am – 12.00 pm
Three Lakes Walk with Nicky Smith and Sharon Easy	Meet at Bierley Community centre, 102- 104 Bierley House Avenue, Bierley, BD4 6BU This is a slow-paced walk with some inclines, shoes with a good grip are recommended for safety	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Wednesdays Term Time only Restarts 7 Sept 2022 10.00am-11.30am and 1.00pm-2.30pm The walk takes 60-70 minutes from the centre and back.
Walking Back to Happiness With Rodney Kench	Meet at: Thornton Primary School Thornton Road, BD13 3NN Flat walk with some inclines. Everyone welcome.	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Tuesdays 1.00 pm – 2.30 pm
Wibsey Walkers With, Tim Grunwell, Betty Stothers, Carol Holdsworth	Meet at the Beacon Road entrance to Wibsey Park, BD6 3QD Suitable for Pram/wheelchair users	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Mondays 11.00 am – 12.00 md
Woodside Village Walk Barry and Nicola Smith	Meet at Woodside Village Centre, 86 Fenwick Drive, Bradford, BD6 2RZ For a walk to Harold Park and back	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Tuesdays 6.00 pm - 7.00 pm
Wyke Nooks and Crannies Walkers Tony Green, Stan Clay, Lynda Sweeby, Mandy Greaves.	Meet at The veterans hut, by the bowling green, in Wyke Park. BD12 9PN You can park by the side of the green. This is a steady paced walk around Wyke	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Mondays 9.30 am – 10.45 am

SHIPLEY & SURROUNDING AREAS			
Baildon Jubilee Walkers With Howard and Christine Lloyd	Meet at Cecil Avenue, Baildon (off West Lane) BD17 5LA Varied walks lasting up to an hour.	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Wednesdays 2.00-3.00pm
Bingley Walkers with Sheila Furness, Christine Bondarenko Ralph Harding	Bingley Arts Centre Main Street Bingley BD16 2LZ		Tuesdays 2.00 pm - 3.00 pm
Bingley 2 Hour Walk with Christine Bondarenko, Ian Barker, James Muff Dennis Palframan	Meeting point varies: Jul - 7,14,21,28 -East Morton - Park on road near Busfeild Arms Aug 4,11,18,25 – Bingley, meet at Bingley little Theatre Sept – Cullingworth Sept 29 – Silsden	For months with 5 weeks, walkers are going slightly further afield for the 5th week only	Thursdays 1.00 pm – 3.00 pm
Cullingworth Walkers A Walk with, John Hudson, Judith Bentley, Pam Dobson, Andrew Bond, Kathleen James, Ron Thompson, Suzanne Trewartha	Meet at Methodist Church Dellside Fold Cullingworth BD13 5EX The group meet back at the church after the walk for refreshments £1.00 donation for refreshments	No dogs allowed	Thursdays Meet at 9.15 am, for a prompt start at 9.30 am - finishes at 11.00am – 11.30 am
Cullingworth Walkers – Level walk B Walk	Meet at Methodist Church Dellside Fold Cullingworth BD13 5EX The group meet back at the church after the walk for refreshments £1.00 donation for refreshments	No dogs allowed	Thursdays Meet at 9.15 am, for a prompt start at 9.30 am – Finishes at 11.00 am
River Aire Walkers with Nick Milsom	Meet at the Bandstand at Roberts Park Saltaire. BD17 7LU	Restricted to 10 walkers per Walk leader– contact Well Together office for more information	Tuesdays 10.00 am –11.00 am ON HOLD from October
Wilsden Walkers (A) With Sheila Dickerson, Christine Dufton, Lynn Ramsbotham, Bryan Walkden, Sheila Nurse, Christina Watkinson. Andrew Bond, Wilma Nichol	Meet at: Wilsden Village Hall Townfield Wilsden BD15 0HT £1 donation for refreshments	No dogs allowed	Mondays (Except bank holidays) 9.15 am - 10.45 am

Wilsden Walkers Level (B) with Kath James, Christine Dufton, Gill Holmes, Sheila Nurse, Christina Watkinson	Wilsden Village Hall Townfield BD15 0HT £1 donation for refreshments	No dogs allowed	Mondays (Except bank holidays) 9.15 am - 10.15 am
KEIGHLEY & SURROUNDING AREAS			
Aire & Worth Valley Wanderers With Richard Pemberton, Suzanne Trewartha Stewart Towers, Jan Orys, Hannah Mulholland	Meet new friends, explore the hidden gems of the Aire & Worth valley and learn about the local & natural history of the walks. The walks are aimed at people who have reasonably good mobility & some of the walks will include hill climbing (up & down) and will go over uneven surfaces.	For further information please contact Richard Pemberton on; r.jpmolly@gmail.com 07770792586	Thursdays 1.30 pm - 3.00 pm
Burley in Wharfedale with Ann Nuttall Elaine Shankland Brenda Jones	Meet outside the front door of Burley Library Grange Road Burley in Wharfedale, LS29 7HD		Tuesdays 10.00 am - 11.00 am
Haworth Walk Chris Upton Annie Williams Debra Butler	Meet at West Lane Baptist Church Haworth BD22 8EN		Monday 11.00 am – 12.00 md
Ilkley 2 hour Walk with, Howard and Maureen England, Julia Clayton-Stead, Sue Tupling, Helen Hack	Starts from The Bandstand, Opposite Bettys Tea Room. The Grove, Ilkley, LS29 9EE Routes will vary. Terrain can be variable with uneven ground people need to be reasonably physically fit	There is another option to do a shorter walk for those who would struggle to walk for the full time/distance,	Fridays 10.00 am - 12.00 md