



# We need your help!

## CAMHS Involvement Group

This group is for young people who access or have accessed CAMHS and want to make a difference

Make your voice heard and improve CAMHS for others.

The group is a safe space to share your experience of CAMHS.



Would you like to  
join our Involvement  
Group to help  
improve CAMHS  
services in your area?

We have a group  
which meets virtually  
every other

**Monday**  
**4.30pm - 5.30pm**

Contact Patient Experience and Involvement team on  
[involve@bdct.nhs.uk](mailto:involve@bdct.nhs.uk) or ask a member of staff for more details.