

Referral Criteria for Dysphagia

Eating and drinking	Referral guidance	Advice if required
Child under 12 months or developmentally less than 12 months old, has no medical conditions, eats solids but may gag on solid foods.	Referral not appropriate	
Child only eats a small variety of food and is selective with foods, may refuse to eat certain food e.g. vegetables.	Referral not appropriate	
Child drinks more milk than recommended for age resulting in eating less solid foods.	Referral not appropriate	Discuss with Health Visitor
Child has a tongue tie but can eat a range of textures.	Referral not appropriate.	
Children with an eating disorder associated with a psychological diagnosis e.g. anorexia.	Referral not appropriate	Discuss with CAMHS
Is non-oral and requires oral stimulation advice.	Please refer	
Is fed non-orally e.g. gastrostomy tube, nasogastric fed and is ready to start eating foods.	Please refer	
Has swallowing difficulties e.g. choking, recurrent chest infections, weight loss, persistent coughing.	Please refer	
Has a medical condition that affects eating and drinking and there has been a change in these skills.	Please refer	
Has acquired a medical condition that has caused a change in eating and drinking skills.	Please refer	
Unsure if child is presenting as above??	Referral not appropriate?	Call 01274 221166 for further advice?