

Facts about stammering



When does stammering start?

Stammering usually begins between the ages of 2 and a half years to 5 years of age, when children's language is developing rapidly. It is rare for a child to start stammering after 12 years of age.

How many people stammer?

- 8%** 8% of young children stammer – most (but not all) stop by puberty
- 1%** 1% of adults stammer in the world
- 5X** There are five times as many men as women who stammer
- 60%** 60% of people who stammer have a close relative who stammers

What causes stammering?

- Many parts of our brain work together quickly and at once to make speech.
- Over a hundred muscles for speaking need to be activated. A blip in this brainprocessing disrupts the intricate timing needed for muscle activation.
- Researchers still don't know what causes the timing blip or precisely which part of the brain it happens in or between, but due to advances in technology to measure brain signals we do know there is one.

Did you know?

Stammering and stuttering mean the same thing (stuttering is used more in the USA).