What impact might the safety measures related to COVID-19 have on LGBT communities?

LGBT communities are:

- Less likely to access healthcare when they need it
- More likely to live with HIV
- More likely to be homeless or insecurely housed
- More likely to smoke
- Less likely to be physically active or have a good diet

*Having HIV in itself does NOT put people at greater risk. If someone’s CD4 count is <200 additional protective measures should be followed in line with government advice. People with a CD4 >200 should follow general population social distancing advice.

**LGBT people, in particular older LGBT people, are more likely to be socially isolated & may lack contact or support.**

**LGBT people are more likely to have poor mental health, & issues with substance misuse. Many of these struggles may be worsened by having normal routines disrupted and lack of access to support.**

**LGBT people are more likely to experience domestic abuse, which has risen since social isolation measures were introduced. This might include being quarantined with LGBT-phobic families & lack of access to discreet support.**

**Some trans & non-binary people have had their HRT suspended & surgeries or appointments cancelled due to emergency measures.**

LGBT Foundation offers a range of national and local services. Whether you’re an LGBT person, a healthcare professional, or a commissioner. We’re here if you need us.

**OUR SERVICES INCLUDE:**

- Bespoke online training sessions for healthcare professionals & commissioners.
- Health inequalities briefings & equality impact assessments.
- Our national helpline & telephone befriending service.
- A range of ways to connect & learn online - see our website!

**WE’re HERE IF YOU NEED US**

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