

Oral Health & Personal Hygiene

Our most popular resources



These resources can be borrowed by our library members. NHS staff and people who work in health promotion in the Bradford and Airedale area are eligible for membership. To join please complete a membership form in person at the library.

There is no Standard loan on these items. We ask for loans to be under two weeks to allow other library users to borrow our resources.

We recommend placing advanced bookings on items by contacting us with your required resources and the dates that you need them for. This ensures that the resources are available when you need to borrow them.

To see our full range of resources search our library catalogue at <http://bradford.nhslibraries.com> or come to the library with a work ID badge to see them in person. We are based in the old building to the right of main reception, our address is:

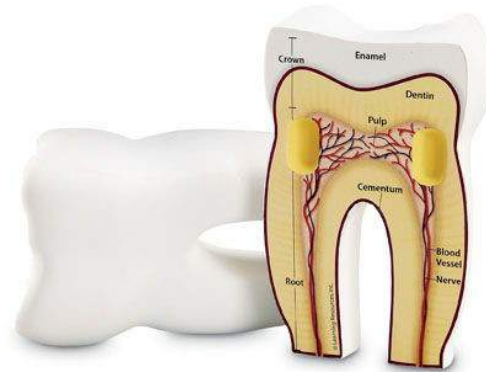
**Library and Health Promotion Resources,
Lynfield Mount Hospital,
Heights Lane,
Bradford,
West Yorkshire,
BD9 6DP**



Large Jaw and Toothbrush

B19575, B49557, B61137, B49639, B61237

A large wired jaw (approx. 5 times adult size) and some kits contain a large toothbrush 4 times actual size.



Cross-Section Tooth Model in Soft Foam

B61133

A 12.5cm soft foam tooth which can be pulled in half to show the inner anatomy of a tooth.



Progression of Baby Bottle Tooth Decay

B48466

This model shows the progression, in 4 stages, of baby bottle tooth decay in baby teeth caused by too much exposure to sugar containing drinks.



Sippy cup of sugar

B49061

This model shows the effects on children of too much added sugar



Think Drink - Fizzy Drinks and Juice Toolkit

B60879

This resource demonstrates the detrimental effects of fizzy drinks and juice on the teeth. Also includes teaching notes, Activity ideas and an acidity exercise.



Fizz to Fat

B61151

Model showing a suspended 500ml fizzy drink bottle turning into a glass of fat. Designed to discuss the high number of calories in fizzy drinks which can lead to weight gain due to their high sugar content.



Toothbrush Costume

B38408

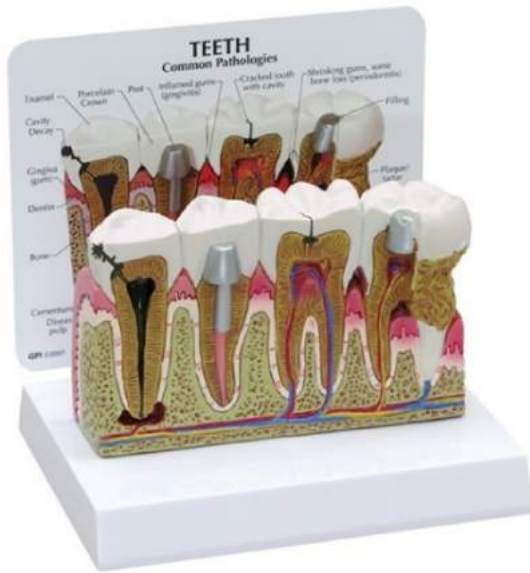
Adult Poly-Foam Costume



Toothpaste Costume

B38407

Adult Poly-Foam Costume



Teeth Common Pathologies
(Diseased teeth and gums model)

B48976

An oversized model of premolars featuring common dental problems, including cavities and advanced periodontitis.



Head Louse Model

B61314

A 'Giant Microbes' model of a head louse together with explanatory factsheet.



Hand Hygiene Kit

B29016

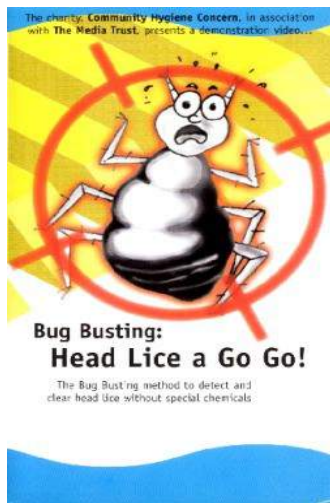
A liquid gel is supplied with this training aid for effective hand washing. The person uses the gel to wash their hands, then after normal hand washing the person puts their hand inside the light box.



What You Should Know about Lice

B60028

This 4 panel display explains, with accompanying illustrations, the different types of lice and what you should know about them.



Bug Busting Head Lice a Go Go!

B44342

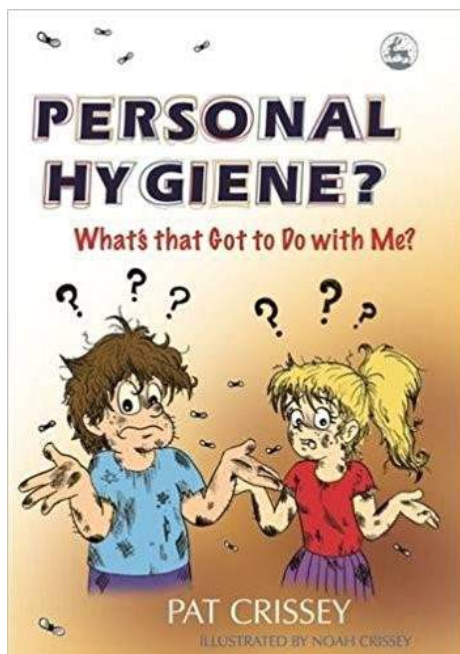
The DVD in this training pack shows you how to use the bug busting method to rid the family of head lice without chemicals. The pack also contains combs, aprons and 25 leaflets.



Hooray for Handwashing

B19919, B04586

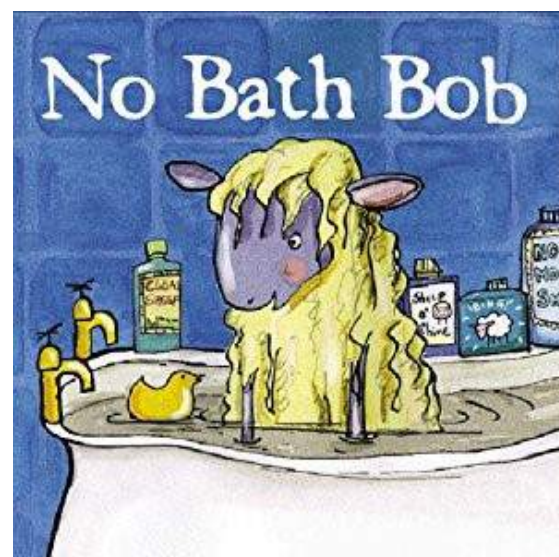
In the form of a teaching pack, this is a fun, easy way to teach children good health habits.



Personal Hygiene? What's that got to do with me?

B43585

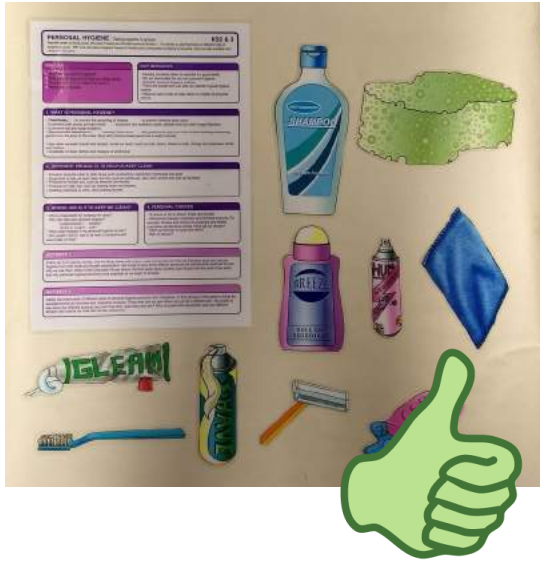
Teaching pack with activities and photocopiable worksheets aimed at 8 to 14 year old children. Topics include washing, shaving and teeth brushing.



No Bath Bob

B48954

This book aimed at young children, explains in the form of words and illustrations, the importance of regular bathing and why good personal hygiene is important.



Personal Hygiene Pack - Key stages 2 and 3

B28227, B29056

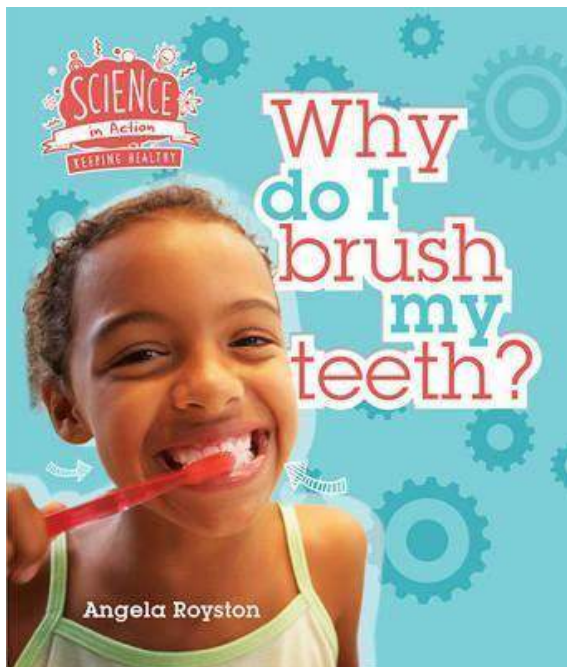
For use with the Body Board, this pack contains 11 laminated images of items which assist in personal hygiene, eg soap, sponge, towel.



Kid Drawn-Hygiene Training Pack

B04801, B04796, B04797

Aimed at young children this set comprises an A4 guideline pamphlet, 12 (A3) laminated posters on a variety of good hygiene rules.



Why Do I Brush My Teeth

B61340

This picture book explores why we brush our teeth, with fun experiments and activities.



Teeth Jigsaw

B49060

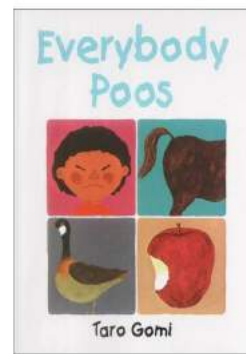
A large foam jigsaw model of a jaw with ten removable teeth. This jigsaw can help teach children about the different teeth and the importance of looking after them.



Mouth and Teeth Board

B38277

The materials in this pack can be used in schools, youth service, social service settings and are suitable for adults and young people with special educational needs or learning disabilities.



Everybody Poos

B61135, B61139

This picture book takes a no nonsense approach to a natural bodily function.



Giant Microbes Sick Day

B61315

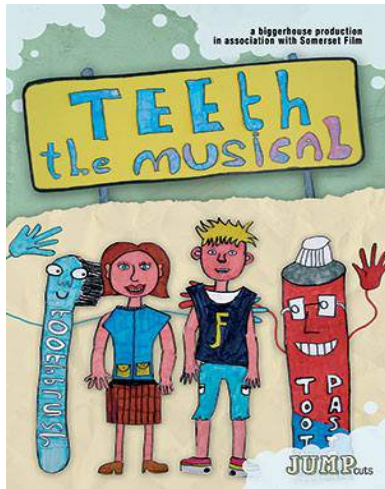
These are 'Giant Microbes' which are a million times the actual size and are colour coded. They represent various health issues such as coughs and earaches.



How to Look After Your Children's Teeth

B48294

A set of 7 (A3) laminated posters designed to show children how to look after their teeth both at home and at school.



Teeth The Musical

B28971

This is an animated musical about oral hygiene

Running Time: 14 minutes



Some of Your Bits Ain't Nice

B49059

This DVD, on personal hygiene, is in cartoon format and should appeal to both adults and young people

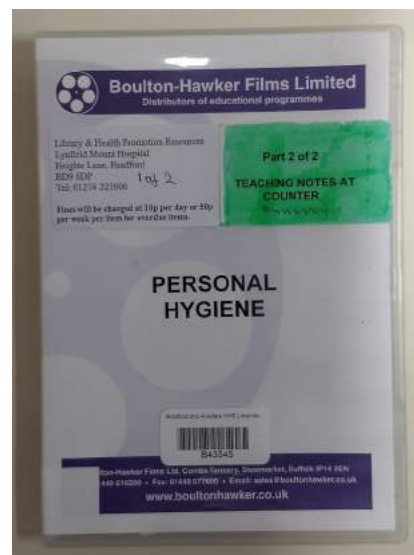
Running Time: 10 minutes



Interactive Oral Health-Games For Key Stage 2

B27941

Aimed at Key Stage 2 children, this CD includes 9 oral health interactive games, covering 4 main topics.



Personal Hygiene DVD

B43545

Suitable for students aged 11-plus. It explores issues associated with personal hygiene and looks at ways of achieving healthy, hygienic practices.

Running Time: 25 minutes