

Contraception and Sexual Health

Our most popular resources



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There is no standard loan on these items. We ask for loans to be under two weeks to allow other library users to borrow our resources.

We recommend placing advanced bookings on items by contacting us with your required resources and the dates that you need them for. This ensures that the resources are available when you need to borrow them.

To see our full range of resources search our library catalogue at <http://bradford.nhslibraries.com> or come to the library with a work ID badge to see them in person. We are based in the old building to the right of main reception, our address is:

**Library and Health Promotion Resources,
Lynfield Mount Hospital,
Heights Lane,
Bradford,
West Yorkshire,
BD9 6DP**



The Consequences of STDs

B49989

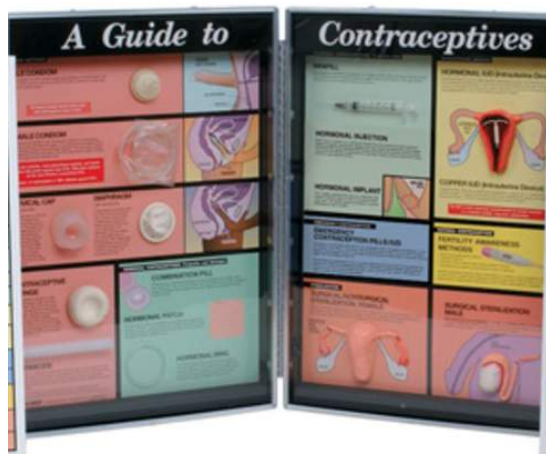
Large carry case showing the longer-term effects that certain CTIs can have on the body, including cervical cancer, health risks to newborns, ectopic pregnancy and liver damage.



Contraceptive Methods and STI Display Box

B49023, B49994

A box of smaller display boxes showing contraceptive methods and graphic symptoms of STIs.



A Guide to Contraceptives

B49991

A fold out display stored in a carry case showing different methods of contraception. Please note: some UK methods are not included.



FPA Contraceptive Display Kit

B61028

Includes the following replica contraceptives: male and female condoms, IUS, IUD, injection, diaphragm, spermicide, implant, vaginal ring, emergency pill, combined pill, progestogen-only-pill, and FPA leaflets.



Condom Demonstrators

B18145, B18140, B18150, B18144, B18150, B18147, B17585, B18142

Plastic condom demonstrator with a detachable base.



Wendy - Female Reproductive Organs Model

B60122

A life size anatomical model of the female internal and external reproductive organs. Removable front panel. For use in puberty , anatomy and sex education for all.



Male and Female cloth models for Sex & Relationship Education

B32177

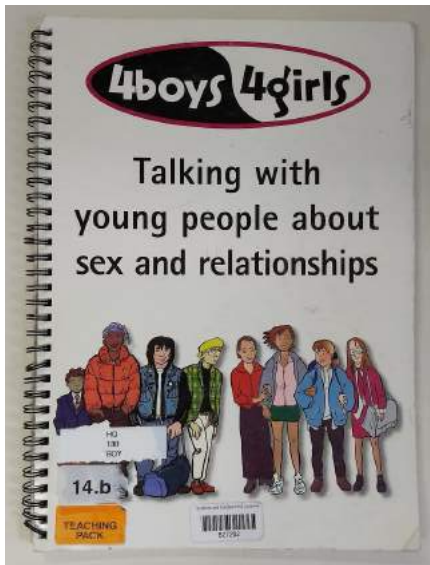
Two half life size, anatomically correct cloth models to facilitate puberty/relationship education. For use with people with learning disabilities.



Tainted Love—Giant Microbes

B61241

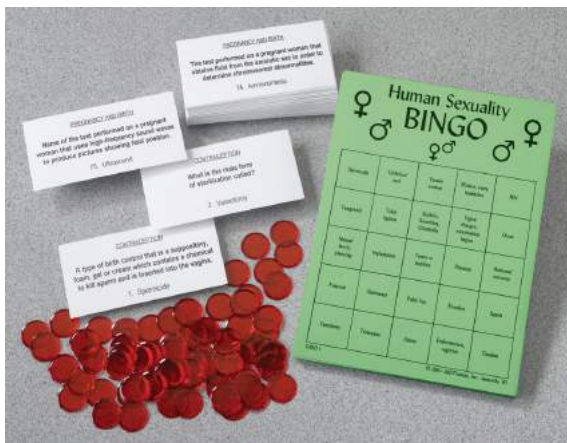
These *Tainted Love microbes* may take your tears and that's not nearly all! ... *Tainted Love* themed gift box includes these mini *microbes*: Herpes, Chlamydia, The Clap, HPV, and Syphilis. ... The clap, or gonorrhea, is one of the most common sexually transmitted diseases



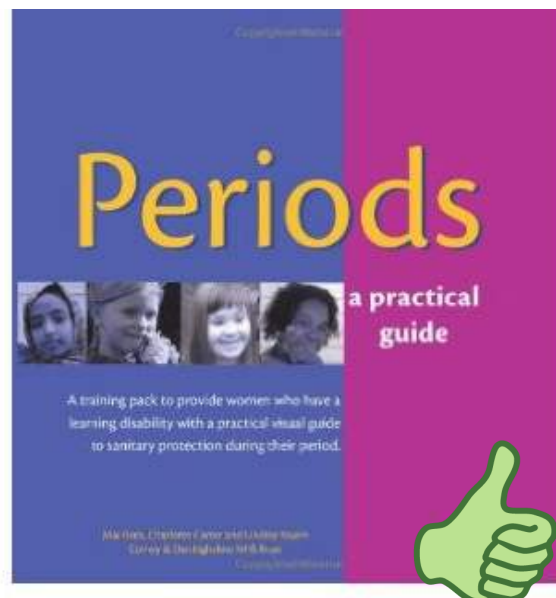
4 boys 4 girls: Talking with young people about sex and relationships
B27262, B27263
 Teaching pack for KS3 and 4 11 to 16 year olds. Includes photocopiable worksheets on a range of topics including consent.



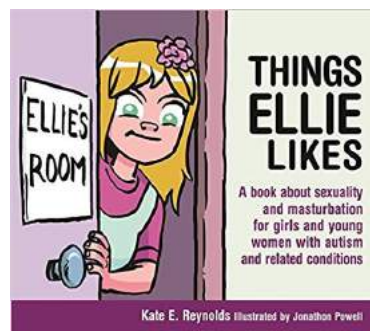
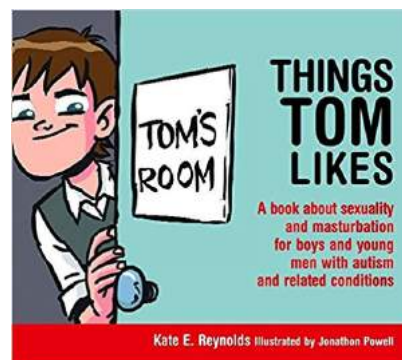
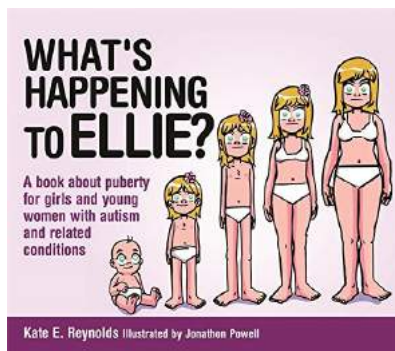
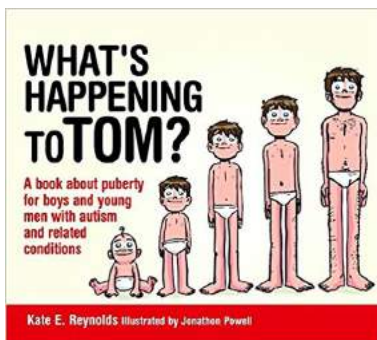
Sexplanation!
B40199
 This board game enables young people to discuss areas of sexual health and relationship issues. Can be used in schools and youth settings.



Human Sexuality Bingo
B49456
 Suitable for teenagers and adults. This question and answer style bingo covers the topics of puberty, STIs, pregnancy and contraceptives. 75 question cards and 30 playing cards.



Periods: A Practical Guide
B48977, B49233, B49234
 An easy read teaching pack to introduce period sanitary pads and how to use them for women with a learning disability. Includes a handy mini guide.



What's Happening to Tom/Ellie?

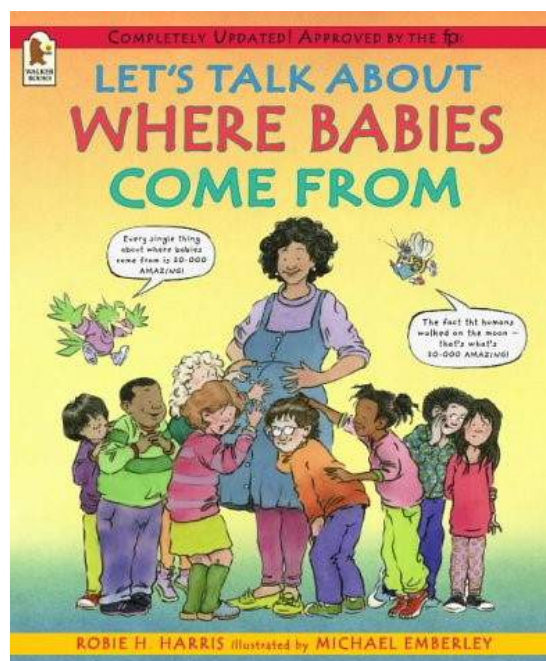
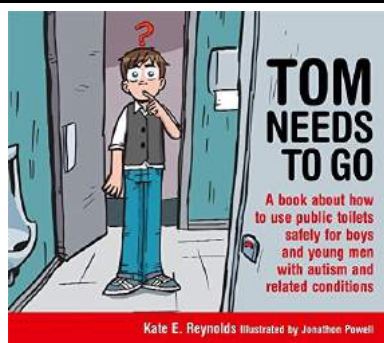
B38402 (Tom), B38404 (Ellie)

An A5 hardback picture book about puberty aimed at either boys and young men (Tom) or girls and young women (Ellie) with autism and related conditions.

Things Tom/Ellie Likes

B38400 (Tom), B38403 (Ellie)

An A5 hardback picture book about using public toilets safely aimed at either boys and young men (Tom) or girls and young women (Ellie) with autism and related conditions.



Ellie/Tom Needs to Go

B38401 (Ellie), B38399 (Tom)

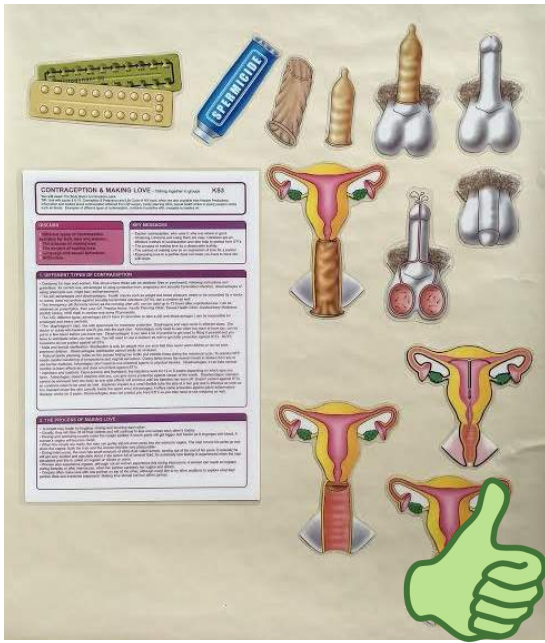
An A5 hardback picture book about sexuality and masturbation aimed at either boys and young men (Tom) or girls and young women (Ellie) with autism and related conditions.

Let's Talk About Where Babies Come From

B16030

An A4 hardback colourful comic book explaining bodies, babies, and reproduction for ages 8 to 12.

Contraception and Sexual Health



Contraception and Making Love Pack for use with the Body Board

B28228, B29619, B39994

Set of 12 laminated drawings about contraception and using condoms. Includes an A4 discussion and activity card with key messages. For KS3.



Conception and Pregnancy Pack for use with the Body Board

B28233, B29622, B39995

Set of 10 laminated drawings about conceiving and pregnancy. Includes an A4 discussion and activity card with key messages. For KS2 and KS3.



Sex Education Pack for use with the Body Board

B28226, B29617, B40012, B40013

Set of 53 laminated drawings about puberty, sex and consent. Includes an A4 discussion card for KS2 and a card for KS3. Adaptable for KS2 and KS3.

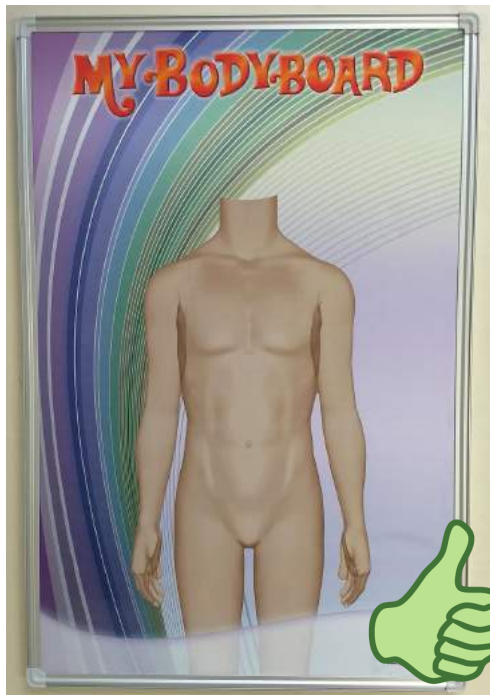


Body Board & Emotions Pack

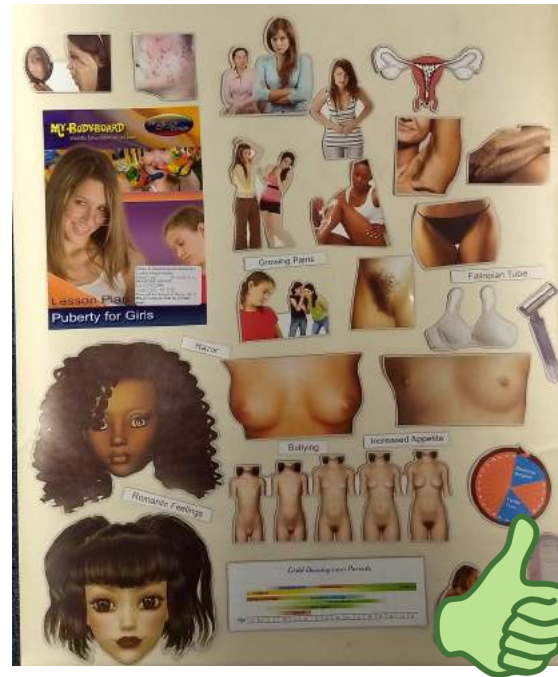
B29067, B29621, B38278, B39980

An life size laminated outline of a body. To be used with the other packs for education on sex and personal hygiene. Also comes with the emotions pack, a set of 43 laminated emotion drawings.

Contraception and Sexual Health



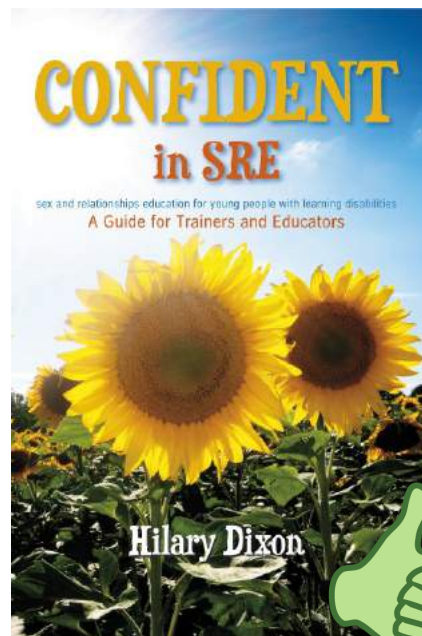
My Bodyboard and Eatwell Magnetic Board
B60027
 A magnetic A3 board with an outline of a body. To be used with the magnetic My Bodyboard puberty packs.



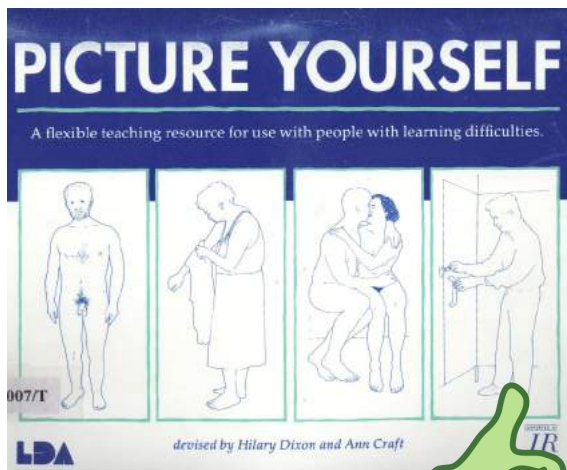
Puberty for Girls Magnetic Pack
B60034
 Set of 79 magnetic pictures about female puberty. Recommended for use with the My Bodyboard for KS2 and KS3.



Puberty for Body Magnetic Pack
B60033
 Set of 85 magnetic pictures about male puberty. Recommended for use with the My Bodyboard for KS2 and KS3.



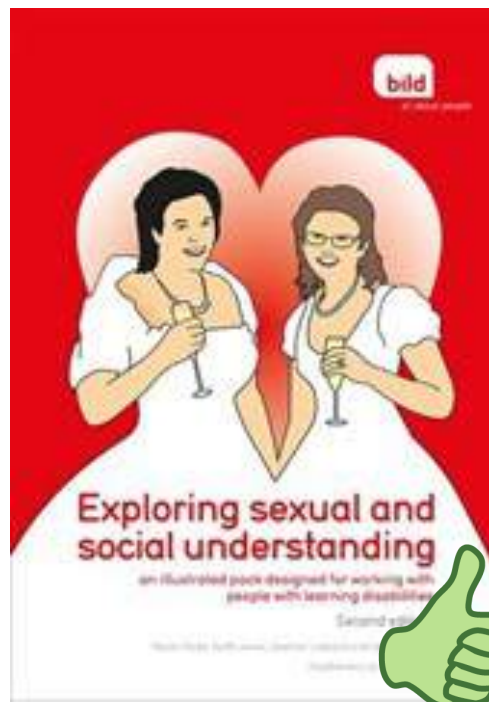
Confident in SRE
B49635, B60884
 A guide to teaching about sex and relationships to people with learning disabilities, or to professionals who will then teach. Includes planning, group work, training methodologies and teaching activities.



Picture Yourself

B14125

Four sets of A5 picture cards, covering the topics of puberty, appropriate behaviour in public and private, relationships and private behaviour. Recommended for people with learning disabilities.



Exploring Sexual and Social Understanding

B38364

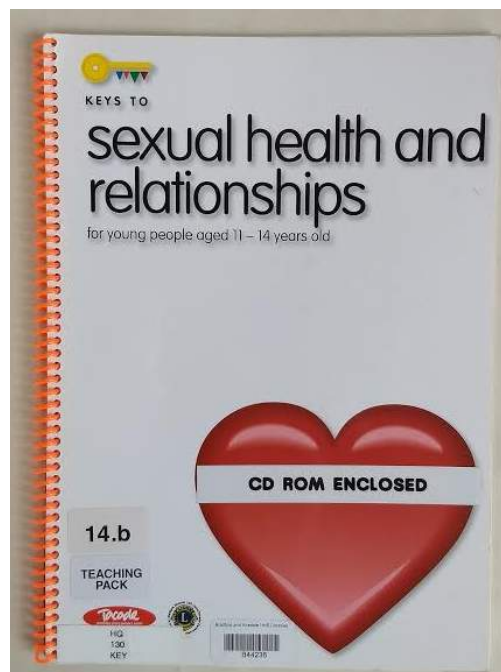
A resource that can be used to assess sexual knowledge and capacity to consent of people with learning disabilities. Includes CD of picture cards.



Be Sex Savvy Online

B60596

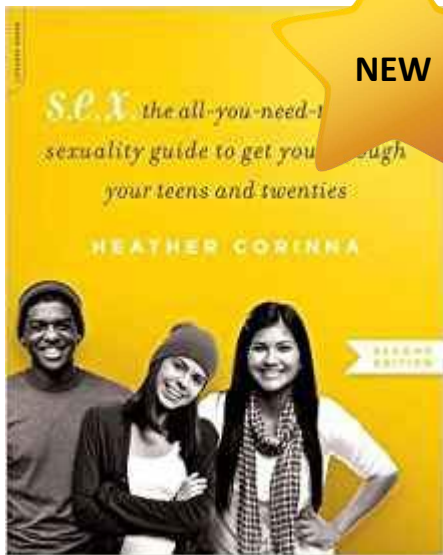
A set of 20 A5 leaflets which fold out to an A2 poster. It discusses online safety and sexual health. It offers tips for staying safe, basic legal information and signposts to other organisations for help.



Keys to sexual health and relationships

B44236

An A4 spiral bound teaching pack for ages 11 to 14. The pack is split into 10 key sessions, each session has a plan, prompt sheet and worksheets.



S.E.X. The all-you-need-to-know sexuality guide to get you through your teens and twenties

B62774

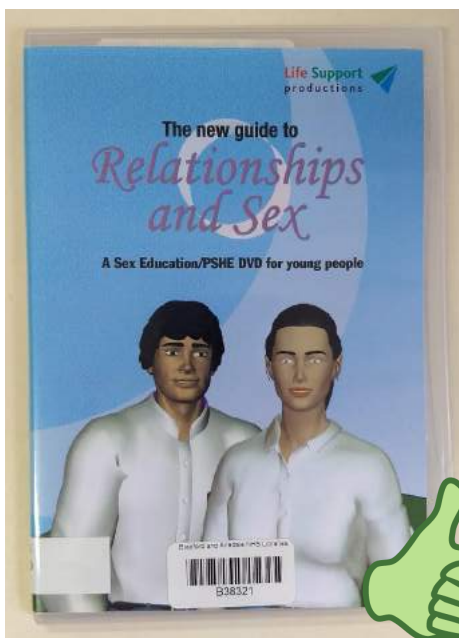
Clearly spells out what you need and want to know—no shame, no judgement, just comprehensive and accurate info in clear, straightforward language.



We Need to Talk About Pornography

B62775

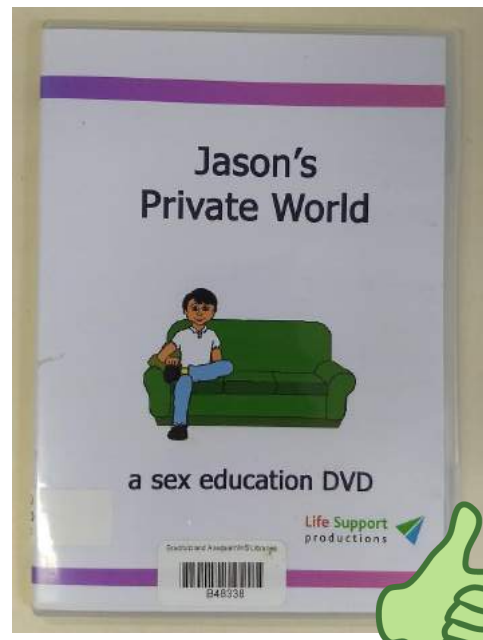
A teaching pack for ages 11-19, includes photocopiable materials. Materials discuss the potential impact of pornography on relationships, self-esteem and body image.



The New Guide to Relationships and Sex
B38321, B49898

Sex and relationship education for secondary school featuring Sims like characters. Topic areas include puberty, looking after yourself and sex.

Running Time: Interactive DVD with 1-5 minute clips



Jason's / Kylie's Private World

B38323 (Jason), B48338 (Jason), B43965 (Kylie)

Animated sex education DVD suitable for people with learning disabilities. Covers puberty, masturbation, sexuality and consent.

Running Time: 20 minutes