# Research Strategy 2019-2024

*"The aim of the Research and Development Department in BDCFT is to establish the Trust as a recognised centre of excellence for conducting applied health research in mental health and community health, in collaboration with academic partners."*

**Within this we have 4 main goals:**

1. To further increase our capacity and reputation for high quality research.

2. To develop and undertake programmes of research that will deliver real benefit to our patients and communities.

3. To be at the forefront of evidence based innovative care and services

4. To maintain research management that facilitates research, and ensures safety of research participants

**Brent Killmurray: Chief Executive Officer**
Discusses aims for the new R&D Strategy

**Gregor Russell: Director of R&D**
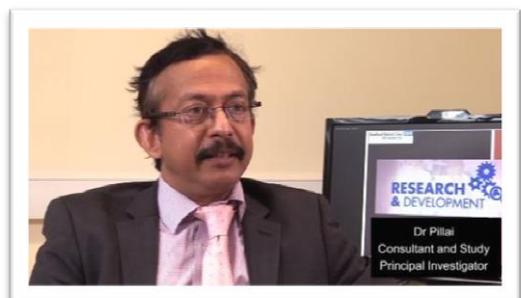Introduces the new R&D Strategy

## Goals 1 and 2:

1. To further increase our capacity and reputation for high quality research.
2. To develop and undertake programmes of research that will deliver real benefit to our patients and communities.



**Gregor Russell: Director of R&D**
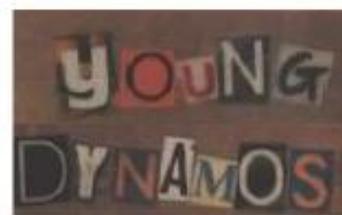Discussing R&D priorities and Service User Benefits



**Anilkumar Pillai: Consultant**
Discussing the benefits of being a Principal Investigator

Dementia and older people's mental health
Mental and physical comorbidity
Adult Autism
Care-home based research
Culture and Ethnicity would be a cross-cutting theme across the above priority areas.

**How will this be achieved?**
• Expand collaboration with research partners in academia, NHS and industry that focus on our areas of interest
• To become the preferred NHS partner for collaborating universities developing new programmes of work, and bidding for research funding
• The development of strategic partnerships with other NHS organisations to facilitate the adoption of cross-organisational research activity, following the patient care pathways, for the benefit of all organisations involved, and the region

• Increase number and diversity of staff contributing to research

• Support a range of multidisciplinary, professional staff to become Principal Investigators

YOUNG DYNAMOS

BARG
BRADFORD & AIREDALE RESEARCH GROUP

Join dementia research

**Example of BDCFT research**
Service Users experience of MADE Study



**Example of BDCFT research**
Service Users experience of Stepwise Project

**How will we recognise our progress?**

• Continued meeting and exceeding local research network targets
• Expansion in the number of, and recruitment to projects undertaken in the Trust, especially those fitting the criteria of our areas of interest
• Increased collaborative working on projects with other organisations
• The selection of the Trust as lead organisation for collaborative projects and/or programmes of work
• Establishment of effective systems to support collaborative works with regard to
       o governance,
       o financial management and
       o project management as required
• Improved patient care resulting from the findings of, and participation in, research activity

*"For the last 25 years I have been lost in darkness often pitch black I haven't lived I have just existed. When I was given the chance of being in the research trial it gave me hope.*
*If the study can help me or someone in the future it is wonderful. Just to have done the study makes me feel useful and helpful instead of useless and pathetic, I pray by taking part in research studies such as this one I may start to learn how to live and love again before it is too late –thanks for helping me."*

**L.S. (Participant in ADD Trial)**

## Goal 3:

## To be at the forefront of evidence based innovative care and services



**Gregor Russell: Director of R&D**
Developing a culture of Evidence Based Practice



**Lucy Vinter: Student Nurse**
Contributing to teaching programmes

### How will we achieve this?

• Further develop a culture of Evidence Based Practice, and the application of research skills within the Trust workforce

• Support Trust based innovations to support this cultural change

• Encourage trainees form all staff groups to develop an understanding of the impact of research on practice

• Develop effective ways of disseminating the outcomes of research and Evidence Based Practice (EBP) projects within the Trust, in collaboration with colleagues where possible

• Furthering our inclusion of service user, patient and carer populations in the Trust's research work, eg. Support for research ambassadors, OK to Ask etc.

### How will we recognise our progress?

• Continued success of the Translating Research Into Practice Session (TRIPS) programme

• Numbers of staff involved in research and EBP activity/training etc

• Contributions to trainee's teaching programmes eg. University of Bradford Nursing Students

• Clinical staff coming on placement to R&D Department

• Increase in awareness of Research/EBP projects' dissemination via events, publications etc

• Examples of the use of evidence/research in service development

• Embedding of research/EBP activity in staff appraisals and reviews

• Strong evidence of effective PPI activity

## Goal 4:

**To maintain research management that facilitates research, and ensures safety of research participants**

How will this be achieved?
- The maintenance of a dynamic, highly skilled and adaptable research team
- To support that team in its development and contributing to the development of the research workforce regionally through contributions to training programmes, regional working groups etc.
- Supporting the dissemination of these skills to research interested staff and trainees within the Trust
- Supporting the development of innovative mechanisms for promotion of research within our service user, patient and carer populations eg. Join Dementia Research, and Consent to Contact registers



**Gregor Russell: Director of R&D**
Dissemination of Research Skills to research interested staff

**How will we recognise our progress?**
- Recruitment and retention of our research team
- Participation of that team in developmental activities
- Participation of the wider Trust staff in research related activity
- Participation by trainees in research based training and activity
- Positive feedback from those involved in research
  - o Participants
  - o Researchers and/or
  - o Staff
- Increased participation in, and recruitment from research participation registers
- Consistent monitoring of safety and Good Clinical Practice (GCP) standards in research and other project within the Trust
- Open and honest reporting and discussions of breaches of standards, proving opportunities to learn and develop