

# Your Future Your Freedom

Promoting freedom from eating disorders



## Children and young people's eating disorders service

Are you aged under 18, and need support  
with an eating disorder?

If you think you're experiencing an eating disorder, you may have mixed feelings about seeking help. Please contact us and we can talk through possible options. Our experienced team works with young people to support recovery.

For more details visit [www.bdct.nhs.uk/services/freedom-team](http://www.bdct.nhs.uk/services/freedom-team)

Available Monday to Friday from 9am to 5pm. Call: 01535 661531.

