The Power of Multi-Disciplinary Team Working and Recovery Innovations in Forensic Psychiatry

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Bradford District Care Foundation Trust
Outline of the presentation

Part 1 –
• Historical context – Effects of MDT siloed working, lengths of stay and how we unblocked the system

Part 2 -
• Progress with MDT recovery focussed approaches
Part 1
What was Forensic MDT working like in 2014
• Review siloed working arrangements - cross ward working for therapy & transition workers
• Systematic review of ‘long term rehab’ cases is it actually Rehabilitation or Quality of Life needs?
• Myth busting – challenging fixed views
• Identify follow on placement
What we did...?

Ask the question... Does this person need to be in secure services?

If so .. Fine status quo remains

If not why are they still in secure services?

What needs to be done to help them towards discharge and what are the follow on care needs?

What is their estimated discharge date?
A graph to compare the lengths of stay of service users on Baildon Ward (in bed) 2014 and 2018
Throughput of service users at Moorlands View (April 17 – April 18)

Graph of discharges and average length of stay – how we got this information

Length of stay of service users discharged between April 2017 and April 2018

Average length of stay

Service user no.

Length of stay (months)

0  5  10  15  20  25  30  35  40  45  50

1  2  3  4  5  6  7  8  9  10  11  12  13  14  15  16  17  18  19  20  21  22  23  24  25  26  27  28  29  30
## Length of Stay national picture

<table>
<thead>
<tr>
<th>Average length of stay for those in a low secure bed</th>
<th>NHS Average 31/03/2016 (NHS Benchmarking Network 2017)</th>
<th>Moorlands View Average December 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>957 days</td>
<td>366 days</td>
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<table>
<thead>
<tr>
<th>Average length of stay based on discharges</th>
<th>NHS Average (based on discharges in 2015/16) (NHS Benchmarking Network 2017)</th>
<th>Moorlands View Average (based on discharges in 2017/18)</th>
</tr>
</thead>
<tbody>
<tr>
<td>699 days</td>
<td>441 days</td>
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Part 2
Smoothing the Forensic pathway

• Preadmission Assessments
• Timelines
• Collaborative discharge planning
Preadmission Process
Collaborative Discharge Planning

- Collaborative discharge planning
- Working with housing providers
Summary

• Recognising & understanding blockages in the system can lead to new ways of working
• Asking the right questions to the right people are key to developing appropriate plans of care
• Clear understandings about the purpose of admissions helps to manage expectations and may reduce length of stay.
• We think it’s all about good relationships and MDT working