Dementia Friendly Services Directory

Keighley

AREAS COVERED IN THIS DIRECTORY

Craven
Addingham, Silsden, Steeton with Eastburn

Keighley Central
Beechcliffe, Utley, Keighley Fields, Knowle Park

Keighley West
Bracken Bank, Fell Lane, Exley Head, Laycock, Braithwaite

Keighley East
Hainworth, Parkwood, Riddlesden, Morton, Worth Village

Worth Valley
Haworth, Crossroads, Stanbury, Oakworth, Oxenhope

A full list of your local District Wide Services, Housing & Support, Wellbeing Cafes, Dementia Friendly Groups, Health Peer Support Groups and Community Transport.
Alzheimer’s Society
Service provided by: Alzheimer’s Society
Unit 16, Parkview Court St. Pauls Road, Shipley BD18 3DZ
Dementia support workers offer information and practical guidance to help people understand dementia, cope with day-to-day challenges and prepare for the future. They offer support face to face, over the telephone or in writing.
Unit 16
Parkview Court
St. Pauls Road
Shipley
West Yorkshire
BD18 3DZ
Telephone: 01274 586 008
Email: bradford@alzheimers.org.uk

Relate Bradford - Caring and Sharing
Bradford Trident Business Centre, 1st Floor 11 Edward Street Wakefield Road BD4 7BH
Caring and Sharing is a confidential specialist counselling service which offers carers a safe space to talk about the impact of their caring role on their own emotional wellbeing and how it affects them in their close intimate and family relationships. Appointments can be made for individuals, couples or family members as needed. Talking can help carers to care for themselves by: exploring how they are really feeling about things; acknowledging and managing difficult feelings; building confidence; gaining extra support outside their network of family and friends; planning for the future and keeping themselves well.

Carers Resource
Telephone: (01274) 449660 email: info@carersresource.org www.carersresource.org
Carers’ Resource is a Dementia Friendly award-winning charity supporting unpaid carers in Bradford, Airedale, Wharfedale and Craven. Staff listen to carers and understand the challenges they face. Carers can be helped with wellbeing reviews to address their health, emotional, social and financial needs, one-to-one support, emergency/contingency plans, groups and drop-ins, employment and training advice, access to Carers Wellbeing Grant, volunteering opportunities, and support to access breaks, grants, education and leisure. Support for referrals to Adult Social Services is also given. Many of the staff are Dementia Friends.
It also includes the Home from Hospital service for adults who live in Bradford, Airedale and Wharfedale who may need some extra support after being discharged from hospital. It includes patients who may be at risk of readmission, as well as people with dementia or long-term conditions, and people who are isolated. Referrals are made by health professionals.
Carers’ Resource
For all unpaid carers, aged 16+
Unit 15, Park View Court, St Paul’s Road, Shipley BD18 3DZ

BOPA (Bradford Older People’s Alliance)
Where: c/o Age Uk, 13-17 Sunbridge Road BD1 2AY
Contact: Carol Peltier
Telephone: 01274 395144
Type of group: Pressure Group / campaigning / consultation
Meri Yaadain
My Memories Dementia Team
Email: enquires@meriyaadain.co.uk  Telephone: 01274 431308
Meri Yaadain is a Social Services (Adult Social Care) led initiative in partnership with Bradford and Airedale Teaching Primary Care Trust, Age UK Bradford and Alzheimer’s Society Bradford. The team consists of a manager and two part-time staff who undertake a wide range of activities to reach out to and engage with older people who have dementia and their carer’s and families who need educating about the condition as well as the services available to help them.

- **Home visits** – to help carers have someone to talk to and get some information from. This is to help them feel supported.

- **Support Group** – a monthly get together of like minded people, both carer’s and people suffering from dementia, enables sharing of information, some activities, relaxation and a bite to eat.

- **Telephone advice** – for those who need a quick chat or have question. This often allows a quick referral onto an appropriate agency.

Age UK Bradford & District
32 Kirkgate, Bradford, BD1 1QN
Public office open to pop in Monday to Friday, 9.00am to 3.00pm.
**Telephone: 01274 391190**

- Information & Advice
- Helping Helps – small jobs service
- Walk from Home – confidence building after ill health or falls
- Befriending network

BDCFT Carers Hub
Horton Park Health Centre, 99 Horton Park Avenue, Bradford BD7 3EG I Bradford
Telephone: 01274 251112 Email carerhub@bdct.nhs.uk
The BDCFT Carers Hub is a warm and friendly place for carers to meet and relax or participate in activities. Run by volunteers it is open 10am-4pm Monday-Friday Excluding bank holidays.
It offers support to carers of BDCFT patients and service users including access to information and advice as well as activities and drop in sessions.
Clinical staff will deliver educational sessions on self-care/management for carers, which will help support them in their caring role. Telephone Information line available and monthly Caring and Sharing meetings.
Shipley and Bingley Voluntary Services
Cardigan House,
Ferncliffe Road,
Bingley
BD16 2TA
Telephone 01274 781222

Kirkgate Community Transport
Bookable community transport service with driver.
Kirkgate Community Centre
Shipley BD18 3EH
Telephone 01274 580186 or 01274 437133

Access Bus
Dial a ride service for individuals in the Bradford District who are unable to use the ordinary bus. Wheelchair Lift. Facilities are free, but users must register first. Please note the service is not available for hospital appointments or trips to social services day centres.
Wellington House
40-50 Wellington Street
Leeds LS1 2DE
Telephone 01274 304297

Befriending
There are many locally run befriending schemes, to find out what's available in your area please contact Age UK Bradford & District.
Email: Befriending@ageukbradfordanddistrict.org.uk
Telephone: 01274 395144 (Monday to Friday, 8.30am-4.00pm)

Memory Assessment & Treatment Service
Supported Languages: English, Urdu (Family Support Worker)
Specialist assessment, diagnosis, treatment and support clinic for people experiencing memory problems and living within Bradford City PCT and Bradford South & West PCT catchments. Clinics take place weekly at Daisy Hill House and at Holmewood Health Centre. You need to be referred to this service by a Consultant Psychiatrist.
Daisy Hill House, Lynfield Mount Hospital, Heights Lane, Bradford BD9 6DP
Telephone: 01274 363859 Fax: 01274 363837 Opening Times: Mon-Fri 9am-5pm
Hanover Housing Association
North Regional Office, Dove Court, Bolton Street, Bradford BD3 0BJ

Our services include an around-the-clock emergency response service; Hanover on Call, to those who need it. We also offer a free and confidential service, Be Wise, which has helped residents save money and access unclaimed benefits worth more than £1 million. We are a not-for-profit organisation - any surplus we make is reinvested into maintaining our properties, improving our services and building more homes for older people.

Telephone: 01274 302070

Anchor Housing
Anchor have been helping older people get the best out of life since 1968 and we are proud to have become England's largest not-for-profit provider of housing and care for the over 55’s.

Telephone: 0808 274 1839

Housing & Care 21
Housing & Care 21 is a leading national charity which promotes choice and independence for older people through a range of care, health and housing solutions.

Telephone: 0370 192 4000

Keighley Healthy Living Centre
KHL is a local charity aiming to support the health and wellbeing of the Keighley communities and those living in the surrounding areas. They offer a range of activities for all ages and are open to everyone. Specifically they work alongside older people to increase their skills and create opportunities to socialise and meet new people.

13, Scott Street, Keighley, BD21 2JH
Telephone: 01535 677177
Opening Times: Mon—Thurs 9 am-5 pm Friday 9 am –4 pm
Wellbeing Cafes are for people with memory problems. It is a social event providing lunch, entertainment, support and information. Entertainment is usually music from the 1950s and 1960’s era and sometimes a speaker talking about local history or health issues. Volunteers have been trained in supporting people in the early stages of dementia.

**Keighley Wellbeing Cafe**
Churchill House, North Street, Keighley BD21 3AF
Third Monday of the month 1.30–3.30pm
**Telephone:** 01535 677177

**The Sangat Centre**
Marlborough Street, Keighley, Bradford BD21 3HU
Second Monday of the month 11.00am–1.00pm
**Telephone:** 01535 610263

**The Welcome Project - Howarth**
West Lane Methodist Church, Howarth BD22 8EL
Third Friday (bi-monthly) 1.30–3.30pm
**Telephone:** 01535 647675

**The Welcome Project - Oxenhope**
Oxenhope Community Centre, Oxenhope BD22 9LS
Third Friday (bi-monthly) 1.30–3.30pm
**Telephone:** 01535 647675

**Silsden Wellbeing Cafe**
Silsden Methodist Church, Kirkgate, Sildsen BD20 0PA
Third Thursday of every month 1.30–3.30pm
**Telephone:** 07581 223406
Email: andrea.pickersgill@creativesupport.co.uk

**Ilkley Wellbeing Cafe**
Alzheimer’s Society
Clarke Foley Centre, Cunliffe Road, Ilkley LS29 7DZ
Second Tuesday & fourth Wednesday of each month 1.30–3.30pm
**Telephone:** 01274 586008
Singing For Fun – Craven
Otley Street, Skipton BD23 1ET
Singing for the Brain brings people together in a friendly, fun and social environment.
Based around the principles of music therapy, the stimulating sessions include vocal warm-ups and singing a wide variety of familiar and new songs.
Telephone: 01423 813464 (Monday to Friday 9am-5pm)
Email: harrogate@alzheimers.org.uk

Keighley Well Being Cafe
Keighley Healthy Living
13 Scott Street, Keighley BD21 2JH
Includes information, newspapers, magazines, board games and dominos etc.
A small charge of £1 to cover refreshments. Thursday: 10.00pm-12.00pm
Telephone: 01535 677177
Email: admin@khl.org.uk
Website: www.khl.org.uk

Keighley Memory Club for carers
The Memory Tree CIC
Keighley Shared Church Hall, Market Street BD21 5AD
The Memory Tree provides specialist support groups (Memory Clubs) for people with dementia and their carers across Bradford and Keighley. They meet for refreshments and social time altogether for 30-45 minutes. They then split into two groups for 45-60 minutes. One group is a support group for carers, with the opportunity for peer-support and specialist support from the group leader. A parallel activity group for people with dementia is run in a separate room.
Telephone: 07952 440556
Email: andrea@thememorytree.org.uk
Website: www.thememorytree.org.uk

The Singing Teapot
Alzheimer's Society
Keighley Healthy Living Centre, 13 Scott Street BD21 2JH
Singing group for people living with Dementia and their carers.
Telephone: 07971527525
Times: 1st Friday in the month 1-3pm
South Craven Over 50s Forum
Sutton In Craven Community Centre, 5 North Street Sutton-in-Craven, Keighley BD20 7HA
A local organisation that provides information about local services for the over 50s. They hold a twice yearly Roadshow in the Spring and the Autumn, where people can visit a number of stands offering literature and one-to-one advice. It is usually attended by the local Alzheimer’s Society branch.

Telephone: 01535 632083
Email: barbaraann-smith@tiscali.co.uk

North Yorkshire Sunday Afternoon Tea Parties
Contact the Elderly
Hollybeech House, Hall Gardens Kildwick, Keighley BD20 9AF
Organised by Contact the Elderly, this service arranges for people over 75, including those in the early stages of dementia, to be collected by a volunteer driver and taken to an afternoon tea party at a host's house in their area. This helps to forge friendship links between clients and volunteers and to reduce isolation among older people. There are 33 different groups in the North Yorkshire area: please phone or e-mail for details. Parties usually consist of around 8 clients plus drivers. While different hosts are visited each month, an effort is made to keep the same drivers for clients, so that there is a sense of continuity.

Telephone: 01535 632592
Email: mary.robinson@contact-the-elderly.org.uk
Website: www.contact-the-elderly.org.uk

Shop Assist
Ilkley Good Neighbours
Riddings Hall, 14 Riddings Road, Ilkley, LS29 9LU
Help for people who have difficulty in shopping independently. The assistance is tailored to meet individual needs, usually including transport to your choice of grocery shop, help in the shop, and help with unpacking at home if needed.
Opening Hours: Mon & Thurs 10am-12pm, 2pm-4pm
Telephone: 01943 603348
Email: shopassist@goodneighbours.ilkley.org
Website: www.goodneighbours.ilkley.org
Befriending - Ilkley
Ilkley Good Neighbours
Riddings Hall, 14 Riddings Road, Ilkley LS29 9LU
Befriending service for the over 70’s Working in partnership with other agencies locally, Befriending hopes to enhance the quality of life for older people in Addingham, B urley in Wharfedale, Ilkley, and Menston.
**Telephone:** 01943 603348
Email: shopassist@goodneighbours.ilkley.org
Website: www.goodneighbours.ilkley.org

Befriending - Keighley
CareLink
Keighley & District Volunteer Centre, 8-10 North Street, Keighley BD21 3SE
Matching older people who are experiencing loneliness and isolation with a volunteer befriender to provide companionship and support.
**Telephone:** 01535 609506
Email: admin@keighleyvc.co.uk
Website:  www.keighleyvc.co.uk

Keighley Dial-A-Ride (Keighley Community Transport)
Unit 6 & 7 Goulbourne House Goulbourne Street BD21 1PG
This a door-to-door Dial-A-Ride scheme, provided by Keighley Community Transport, for people who are unable to access public transport in the Keighley area. Clients should register first before accessing the service.
**Telephone:** 01535 611101
Email: Klycomtransport@googlemail.com

Ilkley Community Transport
Riddings Hall, Riddings Road, Ilkley. LS29 9LU
**Addingham Shoppers Service** - The service runs every Friday morning and there are two sessions, an early and a late run. A minibus with passenger lift collects from the clients home, and takes them to Booths supermarket in Ilkley and back.
**Volunteer Car Scheme** - The scheme operates in the Addingham and Ilkley area. It provides car lifts for those who find public transport difficult to access due to age, illness or disability. Transport is primarily for medical appointments such as doctors, dentists, chiropody etc
**Telephone:** 01943 603348
Email: info@ct.ilkley.org
Steeton Over 50’s Social Centre
Where: Steeton Methodist Church, Church Hall, Skipton Road BD20 6PD
Contact: Christine Handley
Telephone: 01535 655027
Times: Wednesday 2pm-4pm
Type of group: Social group

Thursday Afternoons at St. James’ (Silsden)
Where: St. James’ Church, Towngate, Silsden BD20 0AL
Contact: Brian Turner
Telephone: 01535 655347
Times: Fortnightly Thursday 2-4pm
Type of group: Social group

Steeton (Drop in)
Where: Steeton Methodist Church, Church Hall, Skipton Road BD20 6PD
Contact: Christine Handley
Telephone: 01535 655027
Times: Thursday 10am-11.30am
Type of group: Social group

Association of Ukrainians
Where: 9 Henry Street, Keighley BD21
Contact: Irene Cyhanko
Telephone: 01535 606894
Email: irenecyhanko@sky.com
Times: Every other Friday 1pm-4pm
Type of group: Friendship group

Bangladeshi Community Association Keighley
Where: Surma Building, Kensington Street BD21 1PW
Contact: Abbas Ali
Telephone: 01535 604359
Email: Abbasal1@hotmail.com
Type of group: Community group
**Church Green Ruggers**
Where: Keighley Shared Church Hall, Church Green BD21 5HT
Contact: Amy Baldwin
**Telephone:** 01535 669605
Email: amy@oaktex.co.uk
Times: 1st Wednesday 10.00am-12.00pm
Type of group: Craft group

**Hainworth Community Centre (D.A.R.T)**
Where: 109 Hainworth Wood Road, Keighley BD21 5NG
Contact: Sonia Evers (Check)
**Telephone:** 01535 602932
Email: hainworthwood@hotmail.co.uk
Times: Tuesday & Thursday 10am
Type of group: Community / social group

**K.E.I.G (Keighley Elderly Initiative Group)**
Where: Keighley Healthy Living Centre, 13 Scott Street
Contact: Isobel Scarborough
**Telephone:** 01535 603231
Email: isobel.scarborough@tiscali.co.uk
Times: Varies
Type of group: Pressure group

**Keighley & District Italian Health and Welfare Organisation**
Where: Keighley Healthy Living Centre, 13 Scott Street BD21 2JH
Contact: Carolina De Matteis
**Telephone:** 07814 425964
Times: Wednesday 12.30pm-3.30pm
Type of group: Social group

**Keighley and District Local History Society**
Where: Keighley Library, North Street BD21 3SX
Contact: Paula Dobson
**Telephone:** 07788 755881
Times: Every 2nd Wednesday
Type of group: Special interest group
Keighley Over 50’s Project
Where: Keighley Shared Church Hall, Church Green BD21 5HT
Contact: John Hanson
Telephone: 07954 376644
Email: raglan28@yahoo.co.uk
Times: Monday & Wednesday 10am-2pm
Type of group: Drop in cafe for the over 50’s, run by Age UK Bradford & District

Keighley Pensioners Association
Where: Varies e.g. Farish House BD21
Contact: Cyril Davis
Telephone: 01535 643357
Email: cyder18@blueyonder.co.uk
Times: Varies
Type of group: Pressure group

Keighley U3A
Where: The Temple Row Centre   BD21 2AH
Contact: Joan Rye
Telephone: 01535 642136
Email: Joanpeter1@btopenworld.com
Times: Wednesday 10.30am
Type of group: Special interest group

Kennedy House Social Group
Where: Social Room, Kennedy House Flats BD21 5BD
Contact: Mary Morton
Telephone: 01535 665724
Times: Monday, Tuesday & Thursday
Type of group: Residents group

Keighley & District Volunteer Centre
Where: 8-10 North Street, Keighley BD21 3SE
Contact: Maureen Basierak
Telephone: 01535 609506 / 07850613171
Email: Maureen@keighleyvc.co.uk
Times: Varies
Type of group: Voluntary Sector Organisation
The Sunflower Allotment Society
Where: Off Hard Ings, Keighley BD21 3NJ
Contact: Andy Sheppard
Email: welcome.project@btinternet.com
Times: Wed 10am-4pm
Type of group: Community Project

Salvation Army Keighley
Where: High Street Centre, Keighley BD21 2LJ
Contact: Chris Bown
Telephone: 01535 603494
Email: christine.bown@salvationarmy.org.uk
Type of group: Community support project

Salvation Army Keighley - Coffee Morning
Where: High Street Centre, Keighley BD21 2LJ
Contact: Chris Bown
Telephone: 01535 603494
Email: christine.bown@salvationarmy.org.uk
Times: Tuesday 10am
Type of group: Friendship group

Salvation Army Keighley - Exercise Group
Where: High Street Centre, Keighley BD21 2LJ
Contact: Chris Bown
Telephone: 01535 603494
Email: christine.bown@salvationarmy.org.uk
Times: Wednesday 10.00am-11.30am
Activities: Fitness group

Salvation Army Keighley - Lunch Club
Where: High Street Centre, Keighley BD21 2LJ
Contact: Chris Bown
Telephone: 01535 603494
Email: christine.bown@salvationarmy.org.uk
Times: Wednesday 12.00pm
Activities: Luncheon group
Salvation Army Keighley- Tea Dance
Where: High Street Centre, Keighley BD21 2LJ
Contact: Chris Bown
Telephone: 01535 603494
Email: christine.bown@salvationarmy.org.uk
Times: Tuesday 1.30pm-4pm
Type of group: Friendship group

Scott Street Ruggers
Where: Keighley Healthy Living Centre, 13 Scott Street BD21 2JH
Contact: Amy Baldwin
Telephone: 01535 669605
Email: amy@oaktex.co.uk
Type of group: Craft group

Silverlinks Social Day Groups
Where: The Temple Row Centre, 23 Temple Row BD21 2AH
Contact: Maureen Basierak
Telephone: 01535 609506
Email: Maureen@keighleyvc.co.uk
Times: Tuesday, Wednesday & Thursday 10.30am-2.30pm
Type of group: Social Day Care Group

Silver Liners
Where: Church Of The Nazerene, Oakworth Road BD21 1QS
Contact: John Yaxley
Telephone: 01535 608100
Email: janette.Jones@talktalk.net
Times: Thursday
Type of group: Over 55’s friendship group

Welcome Place Cafe
Where: Keighley Shared Church Hall, Church Green BD21 5HT
Contact: Shona Grange
Telephone: 07412107921
Email: shonagrange@btinternet.com
Times: Tuesday and Thursday 10am-2pm
Type of group: Pay what you can cafe
West Lane 50+ Social Group
Where: Farish House, South Street, Keighley BD21 1DQ
Contact: Sheila Stubbs
Telephone: 01535 670031
Times: Tuesday (monthly)
Type of group: Social group

Haworth Senior Citizens
Where: West Lane Methodist Church, Haworth BD22 8EL
Contact: Doreen Robinson
Telephone: 01535 648928
Email: doreen.robinson953@btinternet.com
Times: Wednesday 13.30pm-4.00pm
Type of group: Social group

Lees Methodist Church Craft And Chat Group
Where: Lees Methodist Church, Haworth Road, Cross Roads BD22 9DL
Contact: Anne Arana
Telephone: 01535 645633
Email: a.arana229@btinternet.com
Times: Monday
Type of group: Craft & Social group

Oakworth Senior Citizens Luncheon Club
Where: Oakworth Methodist Church, Lidget, Keighley Road BD22 7HN
Email: dhowarth@oakworthmethodists.org.uk
Type of group: Luncheon group

Stanbury Residents Group
Where: St. Gabriel's Church, Main Street, Stanbury BD22 0HA
Contact: Joyce Spencer
Telephone: 01535 643419
Email: keithdigibrom@yahoo.com
Times: Thursday 2pm-4pm
Type of group: Residents social group
Men's Group (Creative Support)
Where: St James' Church, Haworth Road, Cross Roads BD22 9DL
Contact: Peter Handley
Telephone: 07891 778931
Email: peter.handley@creativesupport.co.uk
Times: Last Wed of month 2pm-4pm
Type of Group: Men's friendship group

Bracken Bank Coffee Stop
Where: Sue Belcher Community Centre, Bracken Bank Avenue BD22 7AF
Contact: Pip Gibson
Telephone: 07587 210101
Times: Mondays 10am-11.30am
Type of Group: Friendship / community group

Clicks Group (Computer links in Communities Keighley)
Where: The Wuthering Heights, Stanbury BD22 0HD
Contact: Shona Grange
Telephone: 07412 107621
Times: Monday 1pm-3pm
Type of group: Skill exchange

Clicks Group (Computer links in Communities Keighley)
Where: Parkside Social Club, Haworth, School House, Butt Lane, Haworth, West Yorkshire BD22 8QJ
Contact: Shona Grange
Telephone: 07412 107621
Times: Tuesday 6pm-8 pm
Type of group: Skill exchange

Clicks Group (Computer links in Communities Keighley)
Where: Sue Belcher Community Centre, Bracken Bank Avenue BD22 7AF
Contact: Shona Grange
Telephone: 07412 107621
Times: Thursday 1pm-3pm
Type of group: Skill exchange
Clicks Group (Computer links in Communities Keighley)
Where: Foster Gardens, Broster Avenue, Braithwaite, Keighley BD22 6JE
Contact: Shona Grange
**Telephone:** 07412 107621
Times: Friday 10am-12pm
Type of group: Skill exchange

Antique and Collectors Group (Oxenhope)
Where: Oxenhope Community Centre, Hebden Bridge Road BD22 9LH
Contact: Clare Elliston
**Telephone:** 01535 645250
Email: c.elliston1450@btinternet.com
Times: 4th Thursday of month (except December) 7-9pm
Type of group: Special interest group

Worth Valley Methodist Day Centre Project
Where: Lees Methodist Church, Haworth Road, Cross Roads BD22 9DL
Contact: Anne Arana
**Telephone:** 01535 645633
Email: a.arana229@btinternet.com
Type of group: Social Day Centre

Abbeyfield Ilkley Society Ltd (Day Care)
Where: Abbeyfields, Grove House, Riddings Road LS29 9BF
Contact: Alice Wild
**Telephone:** 01943 886000
Email: alice.wild@abbeyfieldilkley.co.uk
Times: Monday-Friday Daytime
Type of group: Social group

Burley In Wharfedale Good Neighbours
Where: Members' Houses
Contact: Gill Bowskill
**Telephone:** 01943 863323
Email: gill.bowskill@aol.co.uk
Type of group: Community support service
Ilkley & District Good Neighbours
Where: Riddings Hall, Riddings Road LS29 9LU
Contact: Judy Hutton
Telephone: 01943 603348
Email: info@goodneighbours.ilkley.org
Times: Monday-Thursday 10am-12pm, 2pm-4pm
Type of group: ShopAssist - Community support Service

Ilkley Senior Citizens Club
Where: Clark Foley Centre, Cunliffe Road LS29 9DZ
Contact: Alison Ledgerwood
Times: Tuesday/Wednesday
Type of group: Social / luncheon group

Menston Cares
Where: Menston Methodist Church, Main Street LS29 6NB
Contact: Jane Pratt
Telephone: 01943 87915
Email: jpratt@rpadesign.co.uk
Times: Twice a year
Type of group: Community support Service

Burley Community Luncheon Club
Where: Parish Centre, 43 Station Road, Burley in Wharfdale LS29 7JL
Contact: Sue Whelan / David Nuttal
Telephone: 01943 862425
Times: Wednesday 11.30am-1pm
Type of group: Community luncheon group

Menston Monday Retired Group
Where: Kirklands Community Centre, Main Street, Menston LS29
Contact: Marjorie Lees
Telephone: 01943 874467
Times: Monday pm
Type of group: Friendship group
Ilkley Stroke Club
Where: Clark Foley Centre, Cunliffe Road LS29 9DZ
Contact: Joan Lawrence
Telephone: 01943 601459
Email: joan.lawrence7@btinternet.com
Times: Every 2nd Fri in the month 2-4pm

Airedale Arthritis Care Group
Where: Crosshills Village Centre, 46 Main Street, Crosshills BD20 8TQ
Contact: Susan DeJong
Telephone: 01535 692018
Email: suedejong1947@blueyonder.co.uk
Times: First Wednesday of month 7-9pm

Breathe Easy Aire Valley
Where: The Community Hub, Stone Grove BD20 6FE
Contact: Catherine Slater
Telephone: 01535 652493
Email: cath44@live.co.uk
Times: Wednesday pm (check by phone)

Ilkley Insight (Support group for Visually impaired)
Where: Clark Foley Centre, Cunliffe Road LS29 9DZ
Contact: Elizabeth Hughes
Telephone: 01535 655005
Times: 1st Thursday of month 10am-12pm

The Hockney Group for the Blind & Partially Sighted
Where: Methodist Baptist Church, Main Street LS29 7DG
Contact: Jennifer Wharley
Telephone: 01943 864493
Times: Thursday 2pm-4pm
All details in this publication were supplied. Information was correct at the time of printing.
Please check with the venue beforehand. If you have any queries regarding this publication please contact KIVCA who produced the guides on 01535 612500.