

Taking Part in Research

What types of research happen in the Trust?

We are a very diverse Trust in the kinds of service we provide and so the types of research will depend on the type of service area. As an example, service users and carers have been involved in interviewing people and also used questionnaires but there are many other methods and this will vary from one research project to the next.

Why should I get involved?

Research helps the National Health Service to improve services by looking at what works well and testing out new ways of working. This cannot be done without service user, care and public involvement. In the end by getting involved you will make things better for others.

In what way can I take part in research?

There are a number of different ways you can get involved. You can actually take part through working alongside researchers as an advisor or investigator and assist in the design and collecting information for a research project. As an example, service users and carers have been involved in developing a local research study, interviewed people and also used questionnaires but there are many other methods. The support required will vary from one research project to the next. Other ways to be involved is as a participant for example, if the research is looking at a particular service that you use or a new treatment, you might be asked if you want to take part.

How do I get involved?

To find out other ways you can be involved contact the Research & Development team. Details are over the page.

Do I have to take part in research?

No, you do not have to take part unless you want to. Whatever you decide will not affect the treatment or care you receive.

I might need some help to get involved. Is any available?

The researcher should have designed their study to make sure that everyone who needs to be involved can be. We respect people will have needs, which we need to take into account to ensure people are not excluded. These can be discussed early on and should not be a problem. If you have concerns about this and want help from a friend, carer or an advocate talk to the researcher.

Will it take up much of my time?

This depends on the type of study, but you will be given information about this before you join in the research. In many cases the study will not take up any extra time other than your routine hospital or doctor's appointment. In other cases you might be asked to fill out a questionnaire or be interviewed by the researcher.

Will I get paid?

You will always be paid your travel fares and other expenses incurred as a result of taking part in the research.

Who is the researcher?

They are likely to be a member of staff, but all researchers must have the right skills and be approved by the Trust.

Will information about me be confidential?

Yes, any information collected will be kept confidential. However, the law says that if someone is at risk of harm then information must be shared with other organisations. Usually you will be told if this happens. When the results of the research are published no one will be able to identify that you took part in it.

Can I change my mind?

Yes, you can change your mind at any time and withdraw from the research. You will be given the contact details of the researcher and all you need to do is tell them.

What should I do if I am worried about any part of the research?

If you are concerned about any aspect of the research raise it with the researcher or you can ask someone else to speak for you. If you would prefer to talk to someone else you can contact the Patient Advice and Liaison Service: 01274 408600.

How do I find out what the results are and how they are going to be used?

The researcher will usually send the final results to those who took part in the study or will give you details how to obtain the results. If they do not share the results with you, get in contact with them and ask for a copy.

Useful contacts

Research & Development Team:

Tel: 01274 228619

Email: Research@bdct.nhs.uk

Involve:

Involve guidance

<http://www.invo.org.uk/about-involve/>

Patient Research Ambassador:

To find out more about the initiative please contact: Roger Steel, Project Lead:

Tel: 0113 343 0441

Email: roger.steel@nihr.ac.uk

<https://sites.google.com/a/nihr.ac.uk/patient-research-ambassador-initiative/>

Diamonds PPI:

For more information Contact Jo Taylor

Tel: 01904 321679

Email jo.taylor@york.ac.uk

<http://www.diamonds.nihr.ac.uk/>