

What support does the Trust offer carers?



We have developed a joint statement with carers setting out how we will work together to help make carers' lives better. To read 'Our Promise to Carers', visit our website www.bdct.nhs.uk and search support for carers.

- We have developed a carer's hub. This is a dedicated resource for carers of people using our services across Bradford, Airedale, Wharfedale and Craven. The Hub, located at Horton Park Health Centre in Bradford, gives carers the chance to:
 - Meet other carers
 - Get free advice
 - Be involved in activities
 - Take time out for themselves
- We offer all carers the opportunity to receive a carer's needs assessment to identify what support might be available and to help carers with their caring role.
- Experts provide a range of useful information sessions on issues such as carers' allowances and payments and practical advice to help carers look after their own health and wellbeing so that they can continue to care.

If you are a carer and would like to discuss flexible visiting in more detail please talk to the ward team.

If you would like more information, please contact:

Dementia Assessment Unit Ward Team:
01274 251497

Carers Hub:
01274 251112
or email: carerhub@bdct.nhs.uk

John's Campaign:
www.johnscampaign.org.uk

Supporting carers and family members of people with dementia



John's Campaign:

The right to stay with people with dementia in hospital.

It is a national campaign to support people who are living with dementia and their carers. It aims to help family or friends caring for a loved one, to continue to provide care and support to the person with dementia whilst in hospital.

It focuses on supporting carers and family members of people with dementia (all ages) to be welcomed by hospitals, according to patients' individual needs and not to be restricted by visiting hours.

About John's Campaign

John's Campaign was founded after the death of Dr John Gerrard in November 2014, by his daughter Nicci.

You can find out more about the campaign by visiting:
www.johnscampaign.org.uk



What does this mean for carers?



- If the carer and ward team agree that flexible visiting is in the best interests of the person with dementia, we will provide a Carer's Passport. A Carer's Passport is a small card which identifies those carers who are supported to visit the ward outside of normal visiting times. The cards are a simple way to make sure carers work together with the ward team to improve the experience of people with dementia.
- As well as carers passports we have been working on other programmes to make sure our Trust is 'dementia friendly', including ensuring that all staff receive dementia training.
- To ensure the privacy, dignity and safety of all individuals and their visitors, there may be times when we need to review or amend flexible visiting. We would always encourage carers to check in advance by contacting the ward before visiting outside normal ward visiting hours.

We see carers as the patient's voice and memory. If a carer is willing, able and wants to continue to support a loved one in hospital we will enable this to take place in the following ways:

- We offer more flexible visiting hours to carers of a person with dementia who is staying at one of our in-patient wards. If needed, this can be extended to a supported overnight stay.
- Identified carers of patients with dementia can discuss with the ward team if they feel it would be beneficial to visit outside normal visiting times to provide support and/or direct care for a loved one. This could include for example; support with washing, dressing, eating, socialising or taking medication.

