

BDCT in Brief

WHAT IS HAPPENING ACROSS OUR TRUST AND WHAT IT MEANS FOR OUR KEY PARTNERS

DECEMBER 2011

Message from Simon

With the majority of Bradford's community health services transferring to our organisation in April 2011, Bradford District Care Trust now delivers a wide range of physical and mental health support to every age group across Bradford and Airedale, as well as mental health services in the Craven area.



As one of our key partners, we think it is important that we find new ways of communicating with you about the breadth of services we provide, our new ways of working and opportunities for future engagement. This is the first of our regular briefings to you on what is happening across our services.

In this edition, we look back on some of our recent events with partners, celebrate some of the innovative work being undertaken across our services and share some of our plans for the future in becoming a Foundation Trust (FT). I would personally invite all our key partners – commissioners, GPs, MPs and locally elected members, in particular – to get in touch if they would like to know more about the information provided here or any other aspect of the Trust's work.

Simon Large,
Chief Executive

Our Vision Wheel



Our Vision for the Future

Our vision is to be one of the country's leading providers of integrated health and social care services.

Our aims

As a provider of choice, we will:

- Provide a high **quality** service
- Make sure we have good **relationships** with our patients and partner organisations
- Deliver **value for money**
- Improve **patient experience**

Our values are:

- Respect
- Openness
- Improvement
- Excellence
- Together

We place 'You and Your Care' at the heart of everything we do.

How we will do it

Our 'Vision Wheel' sets out what we will deliver as a foundation trust over the next five years. It puts 'You and Your Care' at the centre of everything we will achieve. The 'Vision Wheel' describes the type of things we would like to hear our patients and service users say about our services.

Foundation trust status and the freedom this will bring will allow us to achieve our aims and deliver our vision.

Our Foundation Trust Journey

Our bid for foundation trust (FT) status is an important step in our five year vision.

Our public consultation came to an end on 5 December.



1,300 people

In three months we've spoken to more than 1,300 people...



70 events

...and attended more than 70 events in a bid to talk to staff, service users and the local community.

We are continuing discussions with our key commissioning partners, particularly the PCT Cluster, Local Authorities and Clinical Commissioning groups about what FT status means for them.

Key Dates

- **30 June 2012**
Formal application to the Department of Health.
- **October 2012 - March 2013**
Assessment by Monitor.
- **1 April 2013**
Estimated approval date for FT status.

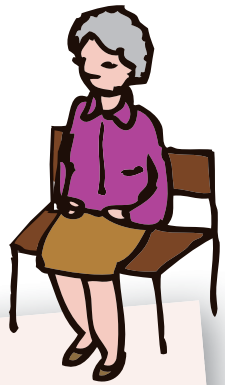
Now you've had your say... what next?

A summary of all the responses received during the consultation will be presented to our Board meeting on Thursday, 26 January, which will be open to the public. Details will be published on our website and the information used to help finalise our FT plans.

Can we do it for Doris?

Becoming a foundation trust is the first step in making our vision real for local people. We want to move away from hospital settings and provide care in or near people's own homes. We want care to be easier to access and give people more control and choice.

Over the next five years there are lots of things we want to do to make sure we keep improving patient care. Here is just one example of how a patient's experience could be made better in the future.



What sometimes happens now:

- 2011 -

MON	Saw a social worker yesterday and a nurse today - I had to tell them my story all over again. Why?
TUE	Had to cancel cuppa with Edith! Two different clinic appointments, two different places!
WED	Still finding it hard to remember things. Wonder who I should tell?
THU	Seen so many different people so far this week. Can't remember who they are or what they are going to do.
FRI	More appointments over the next three weeks, all at different places. Feel really tired and anxious, don't feel like meeting Edith.
SAT	Need to decide on treatment options. Not sure I fully understand my choices.
SUN	Have to go into hospital for two days for tests - who will look after Tibbles and my flat?

2016

What will happen in the future:

MON	Met Mariam, my care co-ordinator today. She could see all my patient records - so no need to explain everything.
TUE	Mariam called. She's arranged for me to see all the experts I need to, on a day that suits me, at a care centre close to home. Met Edith for a cuppa.
WED	Told Mariam I'm worried I can't remember things. She can help me get the support I need.
THU	Everyone is working together to help me. All the experts consider my needs at the same time and talk to each other about how they can help me.
FRI	Met Edith. We went to an exercise class for older people - Mariam suggested it. I feel really good!
SAT	Mariam and I talked through my treatment options. I now have enough information to make a decision.
SUN	I need some extra tests. Mariam says these can be done at home. I don't have to worry about leaving my flat or Tibbles!

We keep Improving...

Here we share a wide range of achievements in our services over the past couple of months. If you want to know more about any of these please contact us *(details on the next page)*.

Our Clinical Audit & Pharmacy Teams

after they picked up the 'Sustained Improvement' accolade at the 2011 Clinical Audit Awards, run by the Healthcare Quality Improvement Partnership. This was for their audit of high dose antipsychotic drugs being prescribed on our in-patient wards.



Health & Safety Officer Paul Challenger

who helped us maintain our 'Silver Award' from the Royal Society for the Prevention of Accidents (RoSPA). This was for our dedication to improving performance in health and safety across our workplace.



Dr Mahmood Khan

who received a 'Clinical Excellence Award' from the University of Leeds' School of Medicine and Health for his work with undergraduate medical students.



Vocational Services

who scooped 'Partnership of the Year' award at the NHS Yorkshire and the Humber Apprenticeship Awards 2011 in recognition of our work with training provider General Physics Skills Training Academy. We were also highly commended and runner up in the 'Employer of the Year' category.

New Ridge Adult Learning Group

who received a 'b active' award from Bradford Council in recognition of their determination and commitment to improving their lifestyle and health. Six people with learning disabilities have done this by taking part in weekly activities such as climbing, canoeing, caving, archery and survival skills.

Our School Nursing Leadership team

who were runners up in the 'Clinical Team of the Year - Children's Health' category and in the 'Nursing Team of the Year' category at the General Practice Awards 2011. They were recognised for their efforts in working towards reaching the Department of Health's target for HPV vaccinations.

Our Hotel Services Team

who cleaned their way to success at the Golden Services Awards 2011, claiming the 'Best Cleaned Premises - Healthcare Establishment' in honour of their cleaning standards at Eccleshill NHS Treatment Centre.



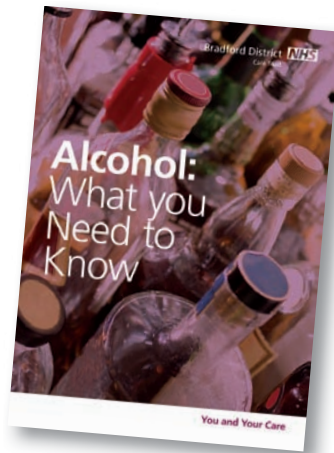
Seniors Show the Way

who as part of the Altogether Better Programme, were announced as runner-up in the Best Health Project at the National Lottery Awards 2011.

Working in partnership

Seminar on Alcohol care in hospitals

We recently hosted a regional conference in Bradford attended by over 300 health professionals about the District's innovative model that explores ways to improve alcohol care and management in hospitals and educate people about the effects of alcohol.



Working with our acute partners and the Piccadilly Project, our specialist alcohol nurses have produced a supporting advice booklet – Alcohol: What you need to know – that members of the public can use. This has already been distributed widely to contacts across Bradford's healthcare community, including all GP practices.

To view the alcohol guide online, visit our interactive flickbook at: www.bdct.nhs.uk/sms

Improving health & wellbeing through excellent research

Working with partners from across Bradford and Leeds, we have held our first research and development conference that allowed clinicians, researchers, service users, carers and commissioners to learn more about our research agenda.

Some of the region's most imminent health researchers, including Professor David Cottrell, Dean of Medicine at the University of Leeds, presented work that has been published in conjunction with BDCT. Over 100 delegates discussed research projects exploring issues such as dementia, bipolar disorder, and depression in Muslim communities. Anyone wishing to get involved in research at BDCT should contact our Research Director, **Dr Najma Siddiqi** on najma.siddiqi@bdct.nhs.uk



Safeguarding – is everyone's business

Last month's Safeguarding Week saw the Trust hosting a number of events to discuss the importance of protecting vulnerable people through recognising and responding to abuse.

Speakers from BDCT and Bradford Council were joined by staff from both organisations, West Yorkshire Police and Safer Communities to highlight skills and techniques needed to spot potential signs of abuse. Local theatre group Cragrats (pictured above) used some hard hitting role plays to portray real-life situations that staff might encounter. Other events included staff at the Children's Safeguarding team at Park View court (pictured below), Shipley opening its doors to give staff an insight into their role in the safeguarding process. The Trust has Lead Practitioners and Named Nurses for safeguarding both adults and children who work extensively with teams across the District.



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