

# Contraception and Sexual Health

Our most popular resources



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**Library and Health Promotion Resources,  
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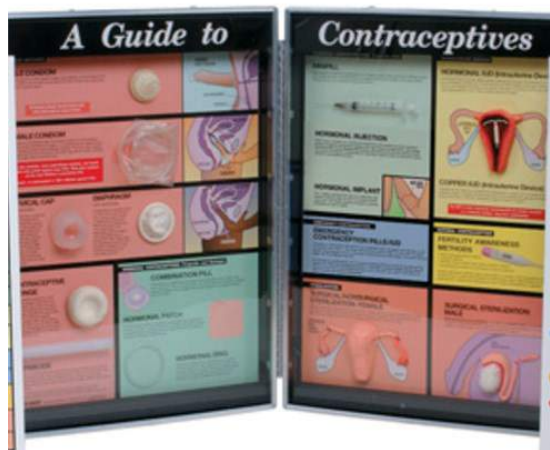
**MODELS & DISPLAYS**



**The Consequences of STDs**  
**B49989**  
 Large carry case showing the longer-term effects that certain CTIs can have on the body, including cervical cancer, health risks to newborns, ectopic pregnancy and liver damage.  
**HQ 130 HEA**



**Contraceptive Methods and STI Display Box**  
**B49023, B49994**  
 A box of smaller display boxes showing contraceptive methods and graphic symptoms of STIs.  
**HQ 130 DWP**



**A Guide to Contraceptives**  
**B49991**  
 A fold out display stored in a carry case showing different methods of contraception. Please note: some UK methods are not included.  
**HQ 130 HEA**



**FPA Contraceptive Display Kit**  
**B61028**  
 Includes the following replica contraceptives: male and female condoms, IUS, IUD, injection, diaphragm, spermicide, implant, vaginal ring, emergency pill, combined pill, progestogen-only-pill, and FPA leaflets.  
**HQ 130 CON**



## Condom Demonstrators

B18145, B18140, B18150, B18144, B18150, B18147, B17585, B18142

Plastic condom demonstrator with a detachable base.

HQ 130 CON



## Wendy - Female Reproductive Organs Model

B60122

A life size anatomical model of the female internal and external reproductive organs. Removable front panel. For use in puberty , anatomy and sex education for all.

QS 4 BOD

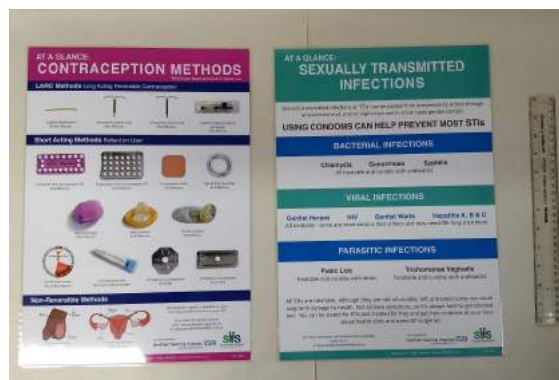


## Male and Female cloth models for Sex & Relationship Education

B32177

Two half life size, anatomically correct cloth models to facilitate puberty/relationship education. For use with people with learning disabilities.

HQ 130 BOD



## At a Glance - Contraception and STI Displays

B38373, B38376

A set of 4 laminated A3 posters. 2 show different contraception methods (including all LARC) and 2 explain the differences between STIs.

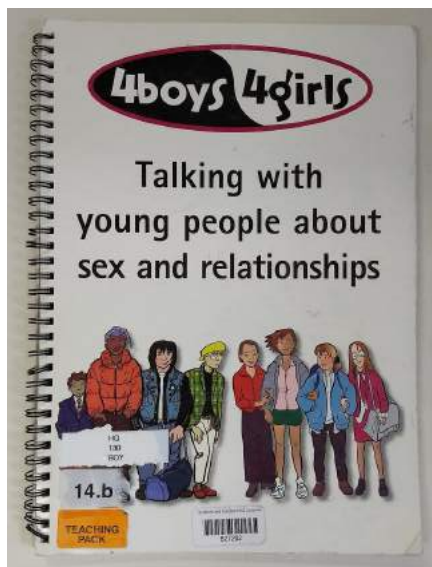
HQ 130 SEX



# BOOKS, TEACHING PACKS & GAMES

Contraception and Sexual Health

Contraception and Sexual Health



## 4 boys 4 girls: Talking with young people about sex and relationships

B27262, B27263

Teaching pack for KS3 and 4 11 to 16 year olds. Includes photocopiable worksheets on a range of topics including consent.

HQ 130 DIX

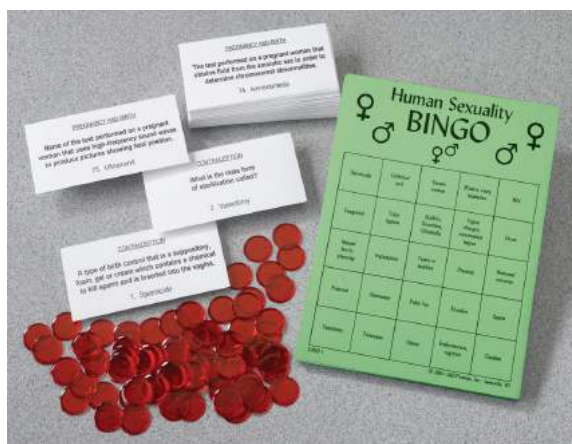


## Sexplanation!

B40199

This board game enables young people to discuss areas of sexual health and relationship issues. Can be used in schools and youth settings.

HQ 130 SEX

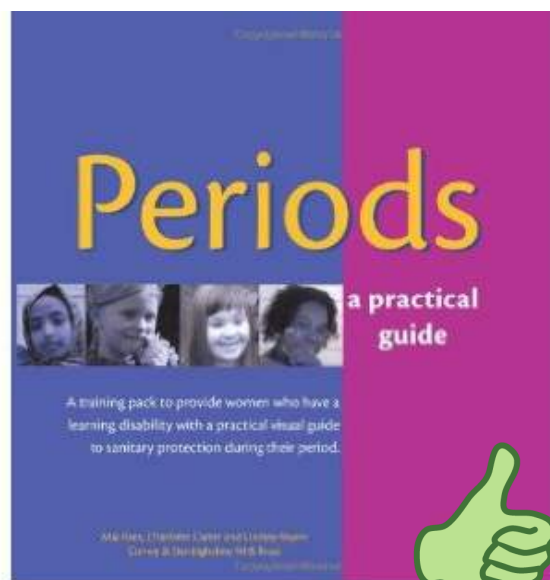


## Human Sexuality Bingo

B49456

Suitable for teenagers and adults. This question and answer style bingo covers the topics of puberty, STIs, pregnancy and contraceptives. 75 question cards and 30 playing cards.

HQ 130 HUM

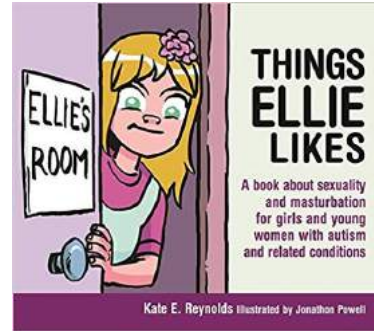
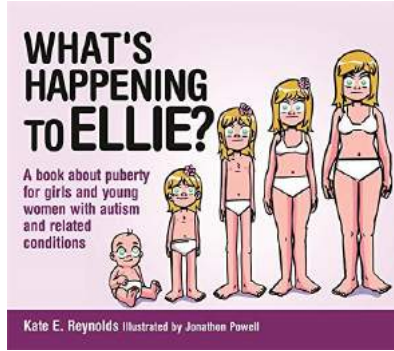
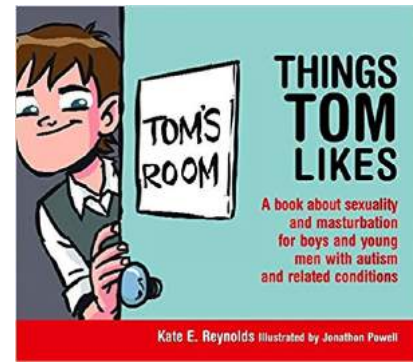
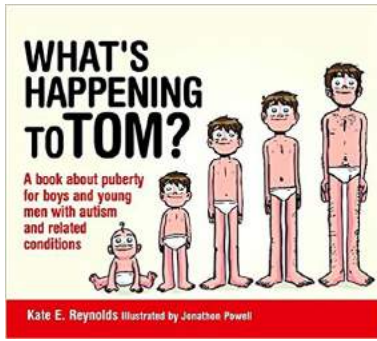


## Periods: A Practical Guide

B48977, B49233, B49234

An easy read teaching pack to introduce period sanitary pads and how to use them for women with a learning disability. Includes a handy mini guide.

HQ 130 REE



**What's Happening to Tom/Ellie?**

B38402 (Tom), B38404 (Ellie)

An A5 hardback picture book about puberty aimed at either boys and young men (Tom) or girls and young women (Ellie) with autism and related conditions.

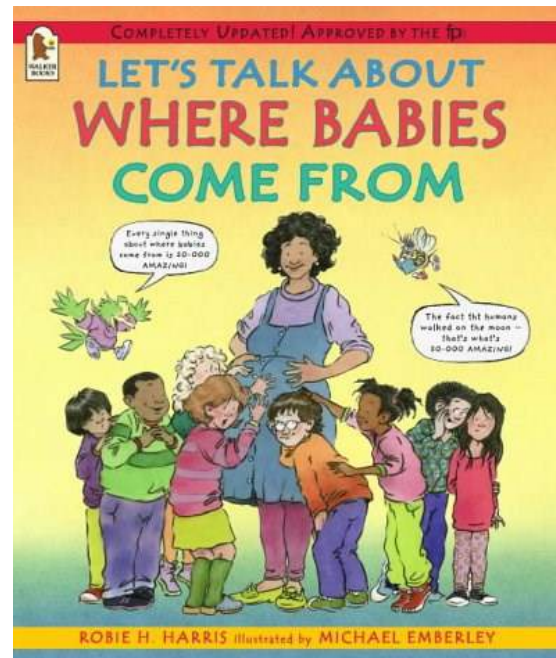
HQ 130 REY

**Things Tom/Ellie Likes**

B38400 (Tom), B38403 (Ellie)

An A5 hardback picture book about using public toilets safely aimed at either boys and young men (Tom) or girls and young women (Ellie) with autism and related conditions.

HQ 130 REY



**Ellie/Tom Needs to Go**

B38401 (Ellie), B38399 (Tom)

An A5 hardback picture book about sexuality and masturbation aimed at either boys and young men (Tom) or girls and young women (Ellie) with autism and related conditions.

HQ 130 REY

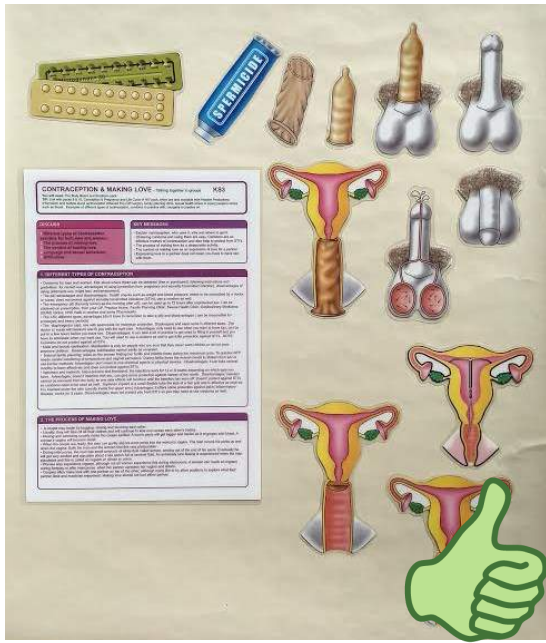
**Let's Talk About Where Babies Come From**

B16030

An A4 hardback colourful comic book explaining bodies, babies, and reproduction for ages 8 to 12.

HQ 130 HAR





## Contraception and Making Love Pack for use with the Body Board

B28228, B29619, B39994

Set of 12 laminated drawings about contraception and using condoms. Includes an A4 discussion and activity card with key messages. For KS3.

HQ 130 HEA



## Conception and Pregnancy Pack for use with the Body Board

B28233, B29622, B39995

Set of 10 laminated drawings about conceiving and pregnancy. Includes an A4 discussion and activity card with key messages. For KS2 and KS3.

HQ 130 HEA



## Sex Education Pack for use with the Body Board

B28226, B29617, B40012, B40013

Set of 53 laminated drawings about puberty, sex and consent. Includes an A4 discussion card for KS2 and a card for KS3. Adaptable for KS2 and KS3.

HQ 130 SEX

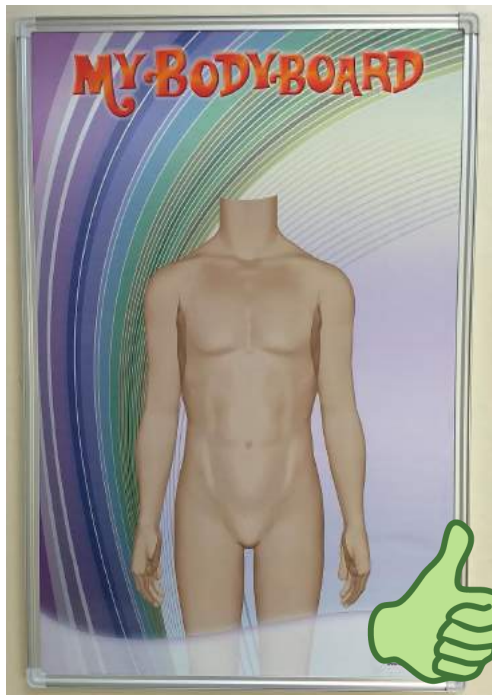


## Body Board & Emotions Pack

B29067, B29621, B38278, B39980

An life size laminated outline of a body. To be used with the other packs for education on sex and personal hygiene. Also comes with the emotions pack, a set of 43 laminated emotion drawings.

WM 800 HEA

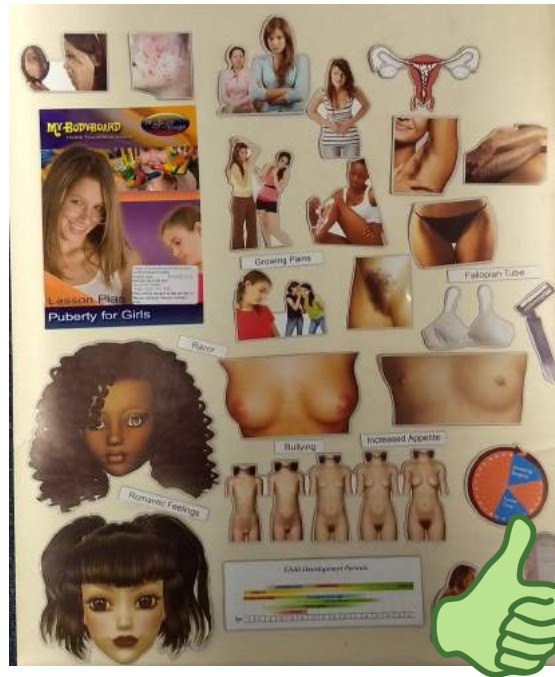


## My Bodyboard and Eatwell Magnetic Board

**B60027**

A magnetic A3 board with an outline of a body. To be used with the magnetic My Bodyboard puberty packs.

**WD 10 MYB**



## Puberty for Girls Magnetic Pack

**B60034**

Set of 79 magnetic pictures about female puberty. Recommended for use with the My Bodyboard for KS2 and KS3.

**HQ 130 HEA**

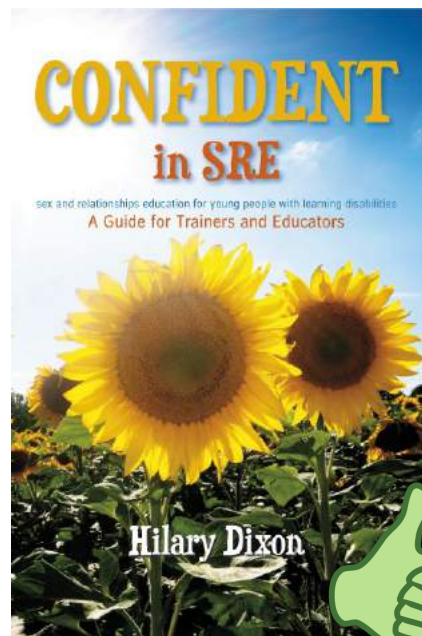


## Puberty for Body Magnetic Pack

**B60033**

Set of 85 magnetic pictures about male puberty. Recommended for use with the My Bodyboard for KS2 and KS3.

**HQ 130 MYB**



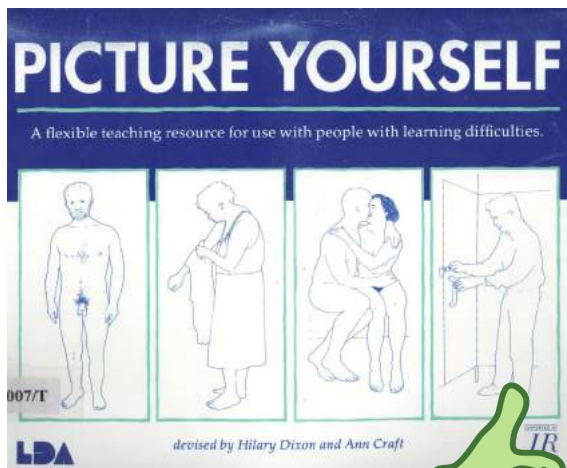
## Confident in SRE

**B49635, B60884**

A guide to teaching about sex and relationships to people with learning disabilities, or to professionals who will then teach. Includes planning, group work, training methodologies and teaching activities.

**HQ 130 DIX**



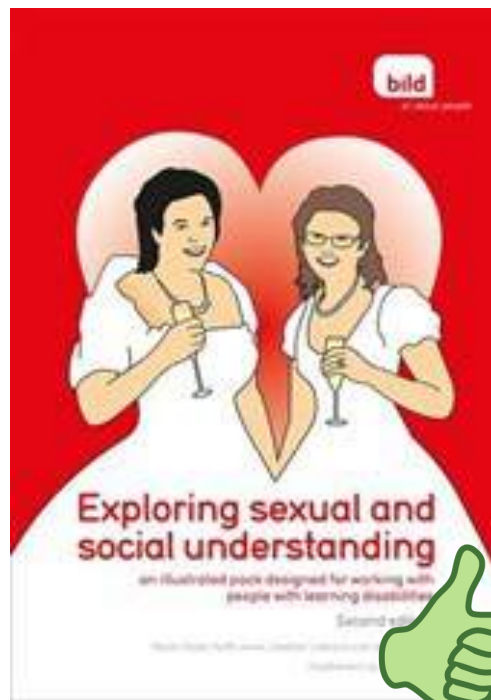


## Picture Yourself

B14125

Four sets of A5 picture cards, covering the topics of puberty, appropriate behaviour in public and private, relationships and private behaviour. Recommended for people with learning disabilities.

HQ 130 DIX



## Exploring Sexual and Social Understanding

B38364, B29391

A resource that can be used to assess sexual knowledge and capacity to consent of people with learning disabilities. Includes CD of picture cards.

HQ 130 DOD

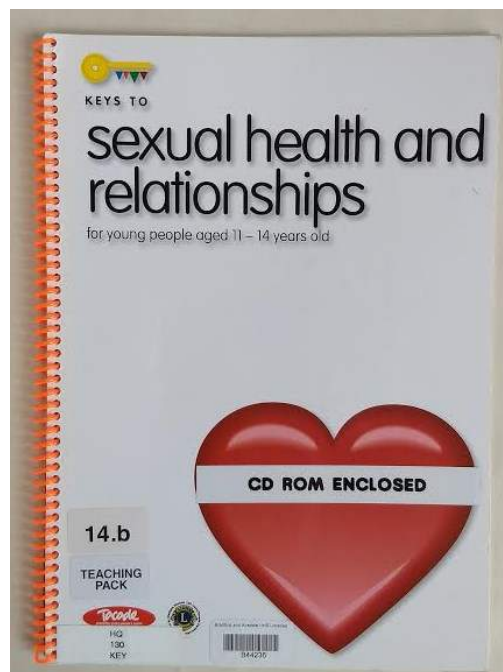


## Be Sex Savvy Online

B60596

A set of 20 A5 leaflets which fold out to an A2 poster. It discusses online safety and sexual health. It offers tips for staying safe, basic legal information and signposts to other organisations for help.

HQ 130 SEX



## Keys to sexual health and relationships

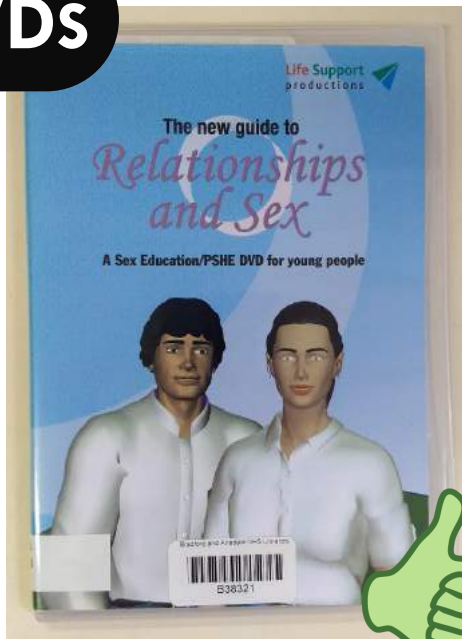
B44236

An A4 spiral bound teaching pack for ages 11 to 14. The pack is split into 10 key sessions, each session has a plan, prompt sheet and worksheets.

HQ 130 KEY



DVDs



**The New Guide to Relationships and Sex**

**B38321, B49898**

Sex and relationship education for secondary school featuring Sims like characters. Topic areas include puberty, looking after yourself and sex.

Running Time: Interactive DVD with 1-5 minute clips  
**HQ 130 LIF**

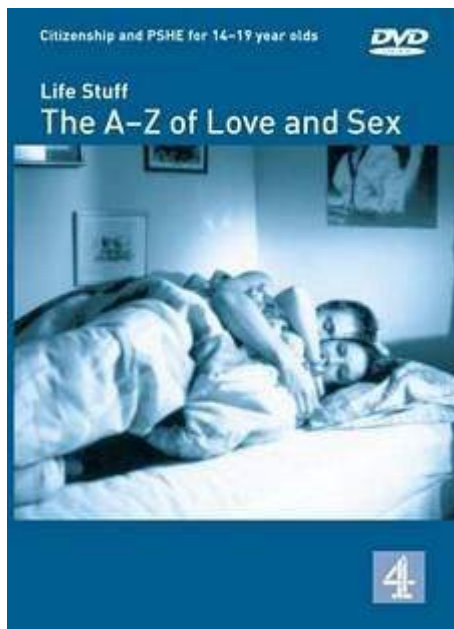


**Sick Party**

**B49313**

A drama for teenagers and professionals showing child sexual exploitation, party lifestyle grooming, drink and drugs, consent and self-esteem.

Running Time: 20 minutes  
**HQ 130 BAS**



**The A-Z of Love and Sex**

**B29153, B29156**

A series of programmes going through part of the alphabet of sex and relationships. Suitable for age 14 and over.

Running Time: six 25 minute programmes  
**HQ 130 LIF**



**Jason's / Kylie's Private World**

**B38323 (Jason), B48338 (Jason), B43965 (Kylie)**

Animated sex education DVD suitable for people with learning disabilities. Covers puberty, masturbation, sexuality and consent.

Running Time: 20 minutes  
**HQ 130 LIF**